



Bright Advantage Embrace Choice Plan (HMO C-SNP) offered by Bright HealthCare

Annual Notice of Changes for 2023

You are currently enrolled as a member of Bright Advantage Embrace Choice Plan. Next year, there will be changes to the plan's costs and benefits. **Please see page 4 for a Summary of Important Costs, including Premium.**

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at brighthouse.com/medicare. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.)

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**

What to do now

1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
 - Review the changes to Medical care costs (doctor, hospital).
 - Review the changes to our drug coverage, including authorization requirements and costs.
 - Think about how much you will spend on premiums, deductibles, and cost sharing.
- Check the changes in the 2023 Drug List to make sure the drugs you currently take are still covered.
- Check to see if your primary care doctors, specialists, hospitals and other providers, including pharmacies will be in our network next year.
- Think about whether you are happy with our plan.

2 COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at www.medicare.gov/plan-compare website or review the list in the back of your *Medicare & You 2023* handbook.

- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3 CHOOSE: Decide whether you want to change your plan

- If you don't join another plan by December 7, 2022, you will stay in Bright Advantage Embrace Choice Plan.
- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2023**. This will end your enrollment with Bright Advantage Embrace Choice Plan.
- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

Additional Resources

- This document is available for free in Spanish.
- Please contact our Member Services number at 1-844-926-4521 for additional information. (TTY users should call 711.) Hours are October 1st through March 31st: Monday through Sunday, 8am - 8pm local time, excluding Federal holidays. April 1st through September 30th: Monday through Friday, 8am - 8pm local time, excluding Federal holidays.
- This document may be available in other formats such as braille, large print or other alternate formats.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About Bright Advantage Embrace Choice Plan

- Bright HealthCare plans are HMOs and PPOs with a Medicare contract. Enrollment in our plans depends on contract renewal.
 - When this document says "we," "us," or "our", it means Bright HealthCare. When it says "plan" or "our plan," it means Bright Advantage Embrace Choice Plan.
-

Annual Notice of Changes for 2023 **Table of Contents**

Summary of Important Costs for 2023	4
SECTION 1 Changes to Benefits and Costs for Next Year	5
Section 1.1 - Changes to the Monthly Premium	5
Section 1.2 - Changes to Your Maximum Out-of-Pocket Amount	6
Section 1.3 - Changes to the Provider and Pharmacy Networks	6
Section 1.4 - Changes to Benefits and Costs for Medical Services	6
Section 1.5 - Changes to Part D Prescription Drug Coverage	14
SECTION 2 Administrative Changes	17
SECTION 3 Deciding Which Plan to Choose	18
Section 3.1 - If you want to stay in Bright Advantage Embrace Choice Plan	18
Section 3.2 - If you want to change plans	18
SECTION 4 Deadline for Changing Plans	19
SECTION 5 Programs That Offer Free Counseling about Medicare	20
SECTION 6 Programs That Help Pay for Prescription Drugs	20
SECTION 7 Questions?	21
Section 7.1 - Getting Help from Bright Advantage Embrace Choice Plan	21
Section 7.2 - Getting Help from Medicare	21

Summary of Important Costs for 2023

The table below compares the 2022 costs and 2023 costs for Bright Advantage Embrace Choice Plan in several important areas. **Please note this is only a summary of costs.**

Cost	2022 (this year)	2023 (next year)
<p>Monthly plan premium*</p> <p>* Your premium may be higher or lower than this amount. See Section 1.1 for details.</p>	\$34.30	\$35.90
<p>Maximum out-of-pocket amount</p> <p>This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)</p>	\$7,550	\$3,650
<p>Doctor office visits</p>	<p>Primary care visits: 20% of the total cost per visit</p> <p>Specialist visits: 20% of the total cost per visit</p>	<p>Primary care visits: 20% of the total cost per visit</p> <p>Specialist visits: \$0 to 20% of the total cost per visit</p>
<p>Inpatient hospital stays</p>	<p>You pay a \$1,556 deductible per benefit period.</p> <p>You pay a \$0 copay per day for days 1-60</p> <p>You pay a \$389 copay per day for days 61-90</p> <p>You pay a \$778 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime).</p>	<p>You pay a \$1,556 deductible per benefit period.</p> <p>You pay a \$0 copay per day for days 1-60</p> <p>You pay a \$389 copay per day for days 61-90</p> <p>You pay a \$778 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime).</p> <p>These are 2022 cost-sharing amounts and may change for 2023. Bright Advantage</p>

Cost	2022 (this year)	2023 (next year)
		Embrace Choice Plan will provide updated rates as soon as they are released.
Part D prescription drug coverage (See Section 1.5 for details.)	Deductible: \$480 Copayment/Coinsurance during the Initial Coverage Stage: <ul style="list-style-type: none"> • Drug Tier 1: \$0 • Drug Tier 2: 25% • Drug Tier 3: 25% • Drug Tier 4: 25% • Drug Tier 5: 25% • Drug Tier 6: \$0 	Deductible: \$505 Copayment/Coinsurance during the Initial Coverage Stage: <ul style="list-style-type: none"> • Drug Tier 1: \$0 • Drug Tier 2: 25% • Drug Tier 3: 25% • Drug Tier 4: 25% • Drug Tier 5: 25% • Drug Tier 6: \$0

SECTION 1 Changes to Benefits and Costs for Next Year

Section 1.1 - Changes to the Monthly Premium

Cost	2022 (this year)	2023 (next year)
Monthly premium (You must also continue to pay your Medicare Part B premium.)	\$34.30	\$35.90

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as “creditable coverage”) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving “Extra Help” with your prescription drug costs. Please see Section 6 regarding “Extra Help” from Medicare.

Section 1.2 - Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay “out-of-pocket” for the year. This limit is called the “maximum out-of-pocket amount.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2022 (this year)	2023 (next year)
Maximum out-of-pocket amount	\$7,550	\$3,650
Your costs for covered medical services (such as copays and deductibles) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.		Once you have paid \$3,650 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

Section 1.3 - Changes to the Provider and Pharmacy Networks

Updated directories are also located on our website at brighthousehealthcare.com/medicare. You may also call Member Services for updated provider and/or pharmacy information or to ask us to mail you a *directory*.

There are changes to our network of providers for next year. **Please review the 2023 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

There are changes to our network of pharmacies for next year. **Please review the 2023 Pharmacy Directory to see which pharmacies are in our network.**

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers), and pharmacies that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Member Services so we may assist.

Section 1.4 - Changes to Benefits and Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2022 (this year)	2023 (next year)
Medicare-covered Pulmonary Rehabilitation	You pay a \$30 copay per service for Medicare-covered Pulmonary Rehabilitation Services	You pay a \$20 copay per service for Medicare-covered Pulmonary Rehabilitation Services
Chiropractic Services (Routine)	Covered with a limit of 30 routine chiropractic visits per year. These visits are combined with supplemental acupuncture visits	Covered with a limit of 12 routine chiropractic visits per year. These visits are combined with supplemental acupuncture visits
Physician Specialist Services	You pay 20% coinsurance for Medicare-covered benefits	You pay a coinsurance of 0% for endocrinologists and a maximum coinsurance of 20% for all other physician specialist services
Transportation Services	You pay a \$0 copay for unlimited one-way trips every year	You pay a \$0 copay for 24 one-way trips every year. Routine transportation is limited to plan-approved locations (up to 50 miles) for member to receive healthcare services from network providers. Arrangement for transportation must be made through Member Services at least 2 business days in advance.
Acupuncture (Supplemental)	Covered with a limit of 30 supplemental acupuncture visits per year. These visits are combined with routine chiropractic visits	Covered with a limit of 12 supplemental acupuncture visits per year. These visits are combined with routine chiropractic visits

Cost	2022 (this year)	2023 (next year)
Over-the-Counter (OTC) Items	You get a \$100 OTC allowance every month	OTC Items are covered under the Health Dollars+ benefit You get a \$425 allowance every 3 months
Supplemental Nutritional Consultation	Includes a nutritional consultation with a registered dietician to develop a healthy eating plan	<u>Not</u> covered
Fitness Benefit	Your fitness benefit is covered through Silver Sneakers. Includes a one-on-one consultation with an exercise coach to develop an exercise plan either face to face or virtually once a year.	Your fitness benefit is covered through Silver Sneakers. One-on-one consultation is <u>Not</u> covered. In addition to the benefits outlined above, you also have fitness coverage through the Health Dollars+ benefit.
Continuous Glucose Monitor	You pay a \$0 copay for a BioTel device	You pay 20% of the cost for Medicare-covered continuous glucose monitors under the Durable Medical Equipment (DME) benefit

Cost	2022 (this year)	2023 (next year)
Dental Services (Preventive)	<p>Dental prophylaxis (cleaning) (up to 1 every year): You pay a \$0 copay</p> <p>Dental x-ray(s) (up to 1 every year): You pay a \$0 copay</p> <p>Fluoride treatment: <u>Not</u> covered</p> <p>Prior Authorization is <u>not</u> required</p> <p>There is <u>no</u> maximum benefit for dental services</p>	<p>Dental prophylaxis (cleaning) (up to 2 every year): You pay a \$0 copay</p> <p>Dental x-ray(s) (up to 2 every year): You pay a \$0 copay</p> <p>Fluoride treatment (Unlimited): You pay a \$0 copay</p> <p>Prior Authorization may be required</p> <p>There is a \$4000 maximum benefit for preventive and comprehensive dental services</p> <p>In addition to the benefits outlined above, you also have hearing aid coverage through the Health Dollars+ benefit.</p>

Cost	2022 (this year)	2023 (next year)
Dental Services (Comprehensive)	<p>Non-Routine services: You pay a \$0-\$300 copay</p> <p>Restorative services: You pay a \$25-\$400 copay</p> <p>Endodontic services: You pay a \$25-\$720 copay</p> <p>Periodontic services: You pay a \$0-\$780 copay</p> <p>Extractions: You pay a \$70-\$140 copay</p> <p>Prosthodontics, Other Oral/Maxillofacial Surgery: You pay a \$0-\$1,100 copay</p> <p>Prior Authorization is <u>not</u> required</p> <p>There is <u>no</u> maximum benefit for dental services.</p>	<p>Non-Routine services: You pay a \$0 copay</p> <p>Restorative services: You pay a \$0</p> <p>Endodontic services: You pay a \$0 copay</p> <p>Periodontic services: You pay a \$0 copay</p> <p>Extractions: You pay a \$0 copay</p> <p>Prosthodontics, Other Oral/Maxillofacial Surgery: You pay a \$0 copay</p> <p>Prior Authorization may be required</p> <p>There is a \$4,000 maximum benefit for preventive and comprehensive dental services</p> <p>In addition to the benefits outlined above, you also have dental coverage through the Health Dollars+ benefit.</p>
Eye Exams (Routine)	Prior Authorization is <u>not</u> required	Prior Authorization may be required
Eyewear	<p>Our plan pays up to \$175 every year for routine eyeglass frames.</p> <p>You are responsible for any routine eyeglass frames</p>	Eyewear is covered under the Health Dollars+ benefit.

Cost	2022 (this year)	2023 (next year)
	<p>costs over the \$175 plan limit.</p> <p>Routine eyeglass lenses are covered in full.</p> <p>One pair of contact lenses are covered in full, in lieu of eyeglasses (lenses and frames).</p> <p>There is a \$70 limit for a polycarbonate lens upgrade and an \$89.50 limit for a premium progressive lens upgrade.</p> <p>You pay \$149 per aid for an advanced model up to two (2) per 3 calendar years.</p>	
Hearing Aids	<p>You pay \$149 per aid for an advanced model, up to two (2) per 3 calendar years</p>	<p>You pay \$149 per aid for an advanced model, up to two (2) per 3 calendar years. In addition to the benefits outlined above, you also have hearing aid coverage through the Health Dollars+ benefit.</p>
Health Dollars+	<u>Not</u> covered	<p>You get \$425 per quarter for a total of \$1700 for the year on a Health Dollars+ debit card. Unused amounts in a given quarter roll over to subsequent quarters and expire at the end of the calendar year. Health Dollars+ funds can be used towards OTC items, qualifying fitness</p>

Cost	2022 (this year)	2023 (next year)
		expenses, dental services, eyewear, and hearing aid benefits.
Healthy Foods Allowance	Eligible members are provided a \$55 allowance per month to buy healthy whole foods at approved grocery stores. Participation in a care management program with these conditions is required: cardiovascular disorders, chronic heart failure, dementia, diabetes; and chronic and disabling mental health conditions	Eligible members are provided a \$125 allowance per month to buy healthy whole foods at approved grocery stores. Participation in a care management program with these conditions is required: cardiovascular disorders, chronic heart failure, dementia, diabetes; and chronic and disabling mental health conditions
Inpatient Hospital (Acute)	<p>You pay a \$1,556 deductible per benefit period</p> <p>\$0 copay per day for days 1-60</p> <p>\$389 copay per day for days 61-90</p> <p>You pay a \$778 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime).</p>	<p>You pay a \$1,556 deductible per benefit period.</p> <p>\$0 copay per day for days 1-60</p> <p>\$389 copay per day for days 61-90</p> <p>You pay a \$778 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime).</p> <p>These are 2022 cost-sharing amounts and may change for 2023. Bright Advantage Embrace Choice Plan will provide updated rates as soon as they are released.</p>

Cost	2022 (this year)	2023 (next year)
Inpatient Hospital (Psychiatric)	<p>You pay a \$1,556 deductible per benefit period</p> <p>\$0 copay per day for days 1-60</p> <p>\$389 copay per day for days 61-90</p> <p>You pay a \$778 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime).</p>	<p>You pay a \$1,556 deductible per benefit period</p> <p>\$0 copay per day for days 1-60</p> <p>\$389 copay per day for days 61-90</p> <p>You pay a \$778 copay per each "lifetime reserve day" after day 90 for each benefit period (up to 60 days over your lifetime).</p> <p>These are 2022 cost-sharing amounts and may change for 2023. Bright Advantage Embrace Choice Plan will provide updated rates as soon as they are released.</p>
Skilled Nursing Facility (SNF)	<p>You pay a \$0 copay per day for days 1-20</p> <p>You pay a \$194.50 copay per day for days 21-100</p>	<p>You pay a \$0 copay per day for days 1-20</p> <p>You pay a \$194.50 copay per day for days 21-100</p> <p>These are 2022 cost-sharing amounts and may change for 2023. Bright Advantage Embrace Choice Plan will provide updated rates as soon as they are released.</p>

Section 1.5 - Changes to Part D Prescription Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Drug List to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Member Services for more information.

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” and you haven’t received this insert by September 30, 2022, please call Member Services and ask for the “LIS Rider.”

There are four “drug payment stages.”

The information below shows the changes to the first two stages - the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages - the Coverage Gap Stage or the Catastrophic Coverage Stage.)

Changes to the Deductible Stage

Stage	2022 (this year)	2023 (next year)
Stage 1: Yearly Deductible Stage	The deductible is \$480. During this stage, you pay \$0 cost-sharing for drugs	The deductible is \$505. During this stage, you pay \$0 cost-sharing for

Stage	2022 (this year)	2023 (next year)
During this stage, you pay the full cost of your Tier 2, Tier 3, Tier 4 and Tier 5 drugs until you have reached the yearly deductible.	on Tier 1 and Tier 6 and the full cost of drugs on Tier 2, Tier 3, Tier 4 and Tier 5 until you have reached the yearly deductible.	drugs on Tier 1 and Tier 6 and the full cost of drugs on Tier 2, Tier 3, Tier 4 and Tier 5 until you have reached the yearly deductible.

Changes to Your Cost Sharing in the Initial Coverage Stage

Please see the following chart for the changes from 2022 to 2023.

Stage	2022 (this year)	2023 (next year)
<p>Stage 2: Initial Coverage Stage</p> <p>Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan pays its share of the cost of your drugs, and you pay your share of the cost.</p> <p>The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy that provides standard cost sharing. For information about the costs for a long-term supply; or for mail-order prescriptions, look in Chapter 6, Section 5 of your Evidence of Coverage.</p> <p>We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:</p> <p>Tier 1 - Preferred Generic: You pay \$0 per prescription.</p> <p>Tier 2 - Generic: You pay 25% of the total cost.</p> <p>Tier 3 - Preferred Brand: You pay 25% of the total cost.</p> <p>Tier 4 - Non-Preferred Drug: You pay 25% of the total cost.</p> <p>Tier 5 - Specialty Drug: You pay 25% of the total cost.</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:</p> <p>Tier 1 - Preferred Generic: You pay \$0 per prescription.</p> <p>Tier 2 - Generic: You pay 25% of the total cost.</p> <p>Tier 3 - Preferred Brand: You pay 25% of the total cost.</p> <p>Tier 4 - Non-Preferred Drug: You pay 25% of the total cost.</p> <p>Tier 5 - Specialty Drug: You pay 25% of the total cost.</p>

Stage	2022 (this year)	2023 (next year)
	<p>Tier 6 - Select Care Drugs:</p> <p>You pay \$0 per prescription.</p> <hr/> <p>Once your total drug costs have reached \$4,430, you will move to the next stage (the Coverage Gap Stage).</p>	<p>Tier 6 - Select Care Drugs:</p> <p>You pay \$0 per prescription.</p> <hr/> <p>Once your total drug costs have reached \$4,660, you will move to the next stage (the Coverage Gap Stage).</p>

Changes to your VBID Part D Benefit

For members who receive a certain level of “Extra Help,” our plan will further reduce your cost share for covered drugs. Please see Section 6 regarding “Extra Help” from Medicare.

The table below shows the change in cost-sharing through the VBID Part D Benefit.

Description	2022 (this year)	2023 (next year)
<p>Full Subsidy-Full Benefit Dual Eligible (FBDE) Individuals</p> <p>The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy.</p>	<p>Your cost for a one-month supply at a network pharmacy:</p> <p>Tier 1: Preferred Generic:</p> <p>You pay \$0 per prescription</p> <p>Tier 2: Generic, Tier 3: Preferred Brand, Tier 4: Non-Preferred Drug and Tier 5: Specialty Tier:</p> <p>You pay \$0, \$1.35, or \$3.95 per prescription for generic drugs depending on your level of “Extra Help.”</p>	<p>Your cost for a one-month supply at a network pharmacy:</p> <p>Tier 1: Preferred Generic:</p> <p>You pay \$0 per prescription</p> <p>Tier 2: Generic, Tier 3: Preferred Brand, Tier 4: Non-Preferred Drug and Tier 5: Specialty Tier:</p> <p>You pay \$0 per prescription for generic drugs.</p>

Description	2022 (this year)	2023 (next year)
	<p>You pay \$0, \$4, or \$9.85 per prescription for brand and other drugs depending on your level of "Extra Help."</p> <p>Tier 6: Select Care Drugs:</p> <p>You pay \$0 per prescription</p>	<p>You pay \$0 per prescription for brand and other drugs.</p> <p>Tier 6: Select Care Drugs:</p> <p>You pay \$0 per prescription</p>

Important Message About What You Pay for Vaccines

Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible. Call Member Services for more information.

Important Message About What You Pay for Insulin

You won't pay more than \$35 (or less depending on your level of Extra Help) for a one-month supply of each insulin product covered by our plan, no matter what cost-share tier it's on, even if you haven't paid your deductible.

SECTION 2 Administrative Changes

Description	2022 (this year)	2023 (next year)
Pharmacy Benefits Manager	Your pharmacy benefits were managed by MedImpact.	Your pharmacy benefits are managed by Express Scripts.
Extended Day Supply	Allowed you to fill up to a 100-day supply of medication. Applicable to tiers 1-4 and 6.	Allows you to fill up to a 90-day supply of medication. Applicable to tiers 1-4. Tier 6 has a 100-day supply.
Diabetic Supplies	You could order from a network pharmacy.	You can order from a network pharmacy. The preferred diabetic products are Abbott brands (Freestyle and Precision).

Description	2022 (this year)	2023 (next year)
Hearing Aid Provider	Your hearing aid benefits were provided by TruHearing.	Your hearing aid benefits are provided by Nations.
Dental Provider	Your dental benefits were provided by Delta.	Your dental benefits will be provided by Liberty.
Telehealth	Your Telehealth benefits were provided by Doctors on Demand.	Your Telehealth benefits are provided by DocSquad.
Made Easy Meals	Eligible chronic conditions for this benefit include diabetes, CHF, cardiovascular disorders, dementia, chronic and disabling mental health conditions, kidney disease and hypertension.	Eligible chronic conditions for this benefit include diabetes, CHF, cardiovascular disorders, dementia, chronic and disabling mental health conditions and kidney disease.

SECTION 3 Deciding Which Plan to Choose

Section 3.1 - If you want to stay in Bright Advantage Embrace Choice Plan

To stay in our plan, you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Bright Advantage Embrace Choice Plan.

Section 3.2 - If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2023 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- *OR--* You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 1.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

As a reminder, Bright HealthCare offers other Medicare prescription drug plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Bright Advantage Embrace Choice Plan.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from Bright Advantage Embrace Choice Plan.
- To **change to Original Medicare without a prescription drug plan**, you must either:
 - Send us a written request to disenroll. Contact Member Services if you need more information on how to do so.
 - - or - Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 4 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2023.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2023, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Florida, the SHIP is called Serving Health Insurance Needs of Elders (SHINE).

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. Serving Health Insurance Needs of Elders (SHINE) counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Serving Health Insurance Needs of Elders (SHINE) at 1-800-963-5337. You can learn more about Serving Health Insurance Needs of Elders (SHINE) by visiting their website <https://www.floridashine.org/>.

SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
 - Your State Medicaid Office (applications).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Florida AIDS Drug Assistance Program (ADAP). For information on eligibility criteria, covered drugs, or how to enroll in the program, please call 1-850-245-4422.

SECTION 7 Questions?

Section 7.1 - Getting Help from Bright Advantage Embrace Choice Plan

Questions? We're here to help. Please call Member Services at 1-844-926-4521. (TTY only, call 711). We are available for phone calls October 1st through March 31st: Monday through Sunday, 8am - 8pm local time, excluding Federal holidays. April 1st through September 30th: Monday through Friday, 8am - 8pm local time, excluding Federal holidays. Calls to these numbers are free.

Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the *2023 Evidence of Coverage* for Bright Advantage Embrace Choice Plan. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at brighthouse.com/medicare. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at brighthouse.com/medicare. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our list of covered drugs (Formulary/Drug List).

Section 7.2 - Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

Visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to www.medicare.gov/plan-compare.

Read Medicare & You 2023

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and

answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.