



# Summary of Benefits 2022

**Bright Advantage Embrace Care Plan  
(HMO C-SNP) H4853-016**

**Arizona**

Maricopa

Pima

# 2022 Summary of Benefits

## BRIGHT ADVANTAGE EMBRACE CARE PLAN (HMO C-SNP)

H4853-016

January 1, 2022 - December 31, 2022.

**Bright HealthCare** is a Medicare Advantage plan with a Medicare contract. Enrollment in the Plan depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please access the "Evidence of Coverage" at [BrightHealthCare.com/Medicare](https://BrightHealthCare.com/Medicare).

To join **Bright Advantage Embrace Care Plan (HMO C-SNP)** you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area, and have at least one of the following chronic health conditions: diabetes mellitus, heart failure or cardiovascular disease (e.g., cardiac arrhythmia or coronary artery disease). Our service area includes the following counties in Arizona: Maricopa and Pima.

Except in emergency situations, if you use providers that are not in our network, we may not pay for these services.

For coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook. View it online at [Medicare.gov](https://www.Medicare.gov) or get a copy by calling 1-800-MEDICARE (1-800-633-4227) available 24 hours, 7 days a week including some federal holidays. TTY/TDD users should call 1-877-486-2048.

This document is available in other formats such as Braille, large print or audio.

**Have questions?** Please call Bright HealthCare Member Services Department at 1-844-926-4521, TTY 711 Monday - Friday 8 am - 8 pm between April 1 and September 30 and 7 days a week between October 1 to March 31, 8 am - 8 pm or visit our website at [BrightHealthCare.com/Medicare](https://BrightHealthCare.com/Medicare).

Bright HealthCare plans are HMOs and PPOs with a Medicare contract. Bright HealthCare's New York D-SNP plan is an HMO with a Medicare contract and a Coordination of Benefits Agreement with New York State Department of Health. Our plans are issued through Bright HealthCare Insurance Company or one of its affiliates. Bright HealthCare Insurance Company is a Colorado Life and Health company that issues indemnity products, including EPOs offered through Medicare Advantage. An EPO is an exclusive provider organization plan that may be written on an HMO license in some states and on a Life and Health license in some states, including Colorado. Enrollment in our plans depends on contract renewal.

PREMIUM & BENEFITS	YOU PAY	WHAT YOU SHOULD KNOW
<b>Monthly Plan Premium</b>	<b>\$0</b>	You must keep paying your Medicare Part B premium.
<b>Deductible</b>	<b>No deductible</b>	
<b>Maximum Out-of-Pocket Responsibility</b> (does not include prescription drugs)	<b>No more than \$2,800 annually</b>	Includes copays and other costs for medical services for the year.
<b>Inpatient Hospital</b>	<b>\$175 copay</b> per day for days 1-6 <b>\$0 copay</b> per day for days 7-90	Services may require authorization and a referral.
<b>Outpatient Hospital</b>	<b>\$0 - \$100 copay</b>	Services may require authorization and a referral. Please reference Evidence of Coverage (EOC) for details on specific services. Minimum amount for diagnostic mammograms, DEXA scans, and colonoscopies. Maximum amount for all other services.
<b>Ambulatory Surgery Center</b>	<b>\$0 - \$100 copay</b>	Services may require authorization and a referral. Minimum amount for diagnostic mammograms, DEXA scans, and colonoscopies. Maximum amount for all other services.
<b>Doctor Visits</b> <ul style="list-style-type: none"> <li>• Primary care providers</li> <li>• Specialists</li> </ul>	<b>\$0 copay</b> <b>\$0 - \$10 copay</b>	Services may require authorization and a referral. Minimum copay for endocrinologist, maximum copay for all other specialists.

PREMIUM & BENEFITS	YOU PAY	WHAT YOU SHOULD KNOW
<b>Preventive Care</b> <ul style="list-style-type: none"> <li>• Flu vaccine, diabetic screenings, etc.</li> <li>• Routine Annual Physical</li> </ul>	<b>\$0 copay</b>  <b>\$0 copay</b>	<p>Other preventive services are available. There are some covered services that may have a cost.</p> <p>Services may require authorization and a referral.</p> <p>Services do not require authorization or a referral.</p>
<b>Emergency Care</b>	<b>\$0 - \$120 copay</b>	<p>Copayment waived if admitted to the hospital or readmitted to the ER within 72 hours.</p>
<b>Worldwide Emergency Care</b> <ul style="list-style-type: none"> <li>• Urgent Care</li> <li>• Emergency Room</li> <li>• Emergency Transportation</li> </ul>	<b>\$120 copay</b>	<p>Coverage is limited to \$50,000</p>
<b>Urgent Care</b>	<b>\$0 copay</b>	
<b>Diagnostic Services/Labs/Imaging</b> <ul style="list-style-type: none"> <li>• Diagnostic tests and procedures</li> <li>• Lab services</li> <li>• MRI, CAT scan</li> </ul>	<b>\$0 copay</b>  <b>\$0 copay</b> <b>\$0 - \$150 copay</b>	<p>Services may require authorization and a referral.</p>
<ul style="list-style-type: none"> <li>• X-rays</li> </ul>	<b>\$0 copay</b>	<p>Maximum copay for MRI, CT, and PET scans. Minimum copay for Ultrasound, other general imaging, diagnostic DEXA scans and diagnostic mammograms.</p>

PREMIUM & BENEFITS	YOU PAY	WHAT YOU SHOULD KNOW
<b>Hearing Services</b> <ul style="list-style-type: none"> <li>• Routine hearing exam</li> <li>• Hearing aid fittings and evaluations</li> <li>• Hearing aid</li> </ul>	<b>\$0 copay</b> <b>\$0 copay</b>  <b>\$699 per hearing aid</b> for the advanced model <b>\$999 per hearing aid</b> for the premium model	One routine hearing exam annually. One hearing aid fitting annually.  You receive 2 hearing aids every year.
<b>Dental Services</b> <ul style="list-style-type: none"> <li>• Preventive dental (e.g., oral exam, x-rays, cleanings)</li> </ul> <b>Comprehensive Dental</b> <ul style="list-style-type: none"> <li>• Diagnostic services</li> <li>• Restorative services</li>   <li>• Endodontics</li>   <li>• Periodontics</li>   <li>• Extractions</li>   <li>• Implant Services, Prosthodontics, other oral/maxillofacial surgery, other services</li>   <li>• Non-routine services</li> </ul>	<b>\$0 copay</b>  <b>\$0 copay</b> <b>\$25 - \$400 copay</b>  <b>\$25 - \$720 copay</b>  <b>\$0 - \$780 copay</b>  <b>\$70 - \$140 copay</b>  <b>\$0 - \$1,110 copay</b>  <b>\$0 - \$300 copay</b>	Limitations may apply. See your EOC for details.  Restorative services range from \$25 for provisional crown to \$400 for porcelain crowns. Endodontics range from \$25 for pulp cap to \$720 for retreatment of previous root canal. Periodontics range from \$0 for gingival irrigation to \$780 for osseous surgery. Extractions range from \$70 for primary tooth to \$140 for erupted tooth. Prosthodontics and other services range from \$0 for surgical placement of implant body (endosteal implant) to \$1,110 for abutment supported retainer for porcelain/ceramic crown. Non-routine services range from \$0 for regional anesthesia to \$300 for an occlusal guard.

PREMIUM & BENEFITS	YOU PAY	WHAT YOU SHOULD KNOW
<b>Vision Services</b> <ul style="list-style-type: none"> <li>• Routine eye exam</li> <li>• Retinal imaging</li> <li>• Eyeglasses (frames)</li> <li>• Eyeglass lenses</li> <li>• Contact lenses</li> <li>• Upgrades</li> </ul>	<b>\$0 copay</b> <b>\$0 copay</b> <b>\$0 copay</b> <b>\$0 copay</b>  <b>\$0 copay</b>	One exam per year. One exam per year. \$175 allowance for frames. For standard lenses (includes standard progressives). \$175 allowance in lieu of frames for contact lenses every year. \$70 allowance for polycarb lenses upgrade. \$89.50 allowance for premium progressives upgrade.
<b>Mental Health Services</b> <ul style="list-style-type: none"> <li>• Outpatient individual therapy</li> <li>• Outpatient group therapy</li> </ul>	<b>\$10 copay</b>  <b>\$10 copay</b>	Services may require authorization and a referral.
<b>Skilled Nursing Facility (SNF)</b>	<b>\$0 copay</b> per day for days 1-20 <b>\$185.50 copay</b> per day for days 21-100	Services may require authorization and a referral. Based on 2021 cost-shares. These amounts may change for 2022.
<b>Physical Therapy</b>	<b>\$10 copay</b>	Services may require authorization and a referral.
<b>Ambulance (Ground)</b>	<b>\$0 - \$200 copay per ride</b>	Services may require authorization. Minimum copay for transfer from out-of-network hospital to an in-network hospital, maximum copay for all other ambulance services.
<b>Transportation</b>	<b>\$0 copay for unlimited one way trips to approved locations</b>	Services may require authorization.
<b>Medicare Part B Drugs</b> <ul style="list-style-type: none"> <li>• Chemotherapy drugs</li> <li>• Other Part B drugs</li> </ul>	<b>20% of the cost</b> <b>20% of the cost</b>	Services may require authorization.

## OUTPATIENT PRESCRIPTION DRUGS

Part D Deductible	No deductible	
	Retail Rx 30-day supply	Mail Order 100-day supply
<b>Part D Senior Savings</b> Select insulins covered in the Initial Coverage and Coverage Gap stages. <b>Tier 2 - Generic</b> <b>Tier 3 - Preferred Brand</b>	<b>\$0 copay</b> <b>\$35 copay</b>	<b>\$0 copay</b> <b>\$70 copay</b>
<b>Initial Coverage</b> You are in the Initial Coverage stage until you reach \$4,430 in drug costs (year to date) <b>Tier 1 - Preferred Generic</b> <b>Tier 2 - Generic</b> <b>Tier 3 - Preferred Brand</b> <b>Tier 4 - Non-Preferred Brand</b> <b>Tier 5 - Specialty Tier</b> <b>Tier 6 - Select Care</b>	<b>\$0 copay</b> <b>\$9 copay</b> <b>\$47 copay</b> <b>\$90 copay</b> <b>33% of the cost</b> <b>\$0 copay</b>	<b>\$0 copay</b> <b>\$18 copay</b> <b>\$94 copay</b> <b>\$180 copay</b> <b>Not available</b> <b>\$0 copay</b>
<b>Coverage Gap</b> You stay in this stage until your year-to-date "out-of-pocket costs" (your payments) reach a total of \$7,050 <b>Tier 1 - Preferred Generic</b> <b>Tier 2 - Generic</b> <b>Tier 3 - Preferred Brand</b> <b>Tier 4 - Non-Preferred Brand</b> <b>Tier 5 - Specialty Tier</b> <b>Tier 6 - Select Care</b>	<b>\$0 copay</b> <b>25% of the cost</b> <b>25% of the cost</b> <b>25% of the cost</b> <b>25% of the cost</b> <b>\$0 copay</b>	
<b>Catastrophic Coverage</b>	During this stage, the plan will pay most of the cost of your drugs for the rest of the calendar year (through December 31, 2022). <b>\$3.95 copay or 5% (whichever costs more) for generic drugs or a preferred multi-source drug and \$9.85 copay or 5% (whichever costs more) for all other drugs.</b>	

Cost-Sharing may change depending on the pharmacy you choose and when you enter a new phase of the Part D benefit.

WELLNESS BENEFITS	YOU PAY / RECEIVE	WHAT YOU SHOULD KNOW
<b>Over-The-Counter (OTC) Items</b>	<b>Up to \$150 each year</b>	\$75 credit every 6 months.
<b>Acupuncture</b> <ul style="list-style-type: none"> <li>• Medicare-covered acupuncture</li> <li>• Routine acupuncture</li> </ul>	<b>\$0 copay</b>  <b>\$0 copay</b>	<p>Services may require authorization and a referral.</p> <p>For up to 30 visits every year combined with Routine Chiropractic services.</p>
<b>Chiropractic Services</b> <ul style="list-style-type: none"> <li>• Medicare-covered chiropractic care</li> <li>• Routine chiropractic care</li> </ul>	<b>\$0 copay</b>  <b>\$0 copay</b>	<p>Services may require authorization and a referral.</p> <p>For up to 30 visits every year combined with Routine Acupuncture services.</p>
<b>Blood Pressure Cuffs</b>	<b>\$0 copay</b>	Blood pressure cuff is provided to qualifying members through our care management program.
<b>Continuous Glucose Monitor (CGM)</b>	<b>\$0 copay</b>	A continuous glucose monitor will be provided to qualifying members through our care management program.
<b>Scales</b>	<b>\$0 copay</b>	A scale is provided to qualifying members through our care management program.



WELLNESS BENEFITS	YOU PAY / RECEIVE	WHAT YOU SHOULD KNOW
<b>Gym Membership</b>	<b>\$0 copay</b>	Silver&Fit gym membership is available to you at no cost with access to fitness facilities, or Silver&Fit Steps at-home kits for members who are unable to exercise in a fitness facility or prefer to work out at home.
<b>24/7 Doctor Advice Line</b>	<b>\$0 copay</b>	A Doctor is available at no cost to you 24 hours a day, 7 days a week by web, mobile app, or phone at: 1-800-997-6196. Doctors can diagnose and prescribe medications if medically necessary.
<b>Personal Emergency Response System (PERS)</b>	<b>\$0 copay</b>	Mobile PERS device with GPS and fall detection; 24/7/365 monitoring



## **Nondiscrimination Notice and Assistance with Communication**

Bright HealthCare does not exclude, deny benefits to, or otherwise discriminate against any individual on the basis of sex, age, race, color, national origin, or disability. "Bright Health" means Bright HealthCare plans and their affiliates.

### **Language assistance and alternate formats:**

Assistance is available at no cost to help you communicate with us. The services include, but are not limited to:

- Interpreters for languages other than English;
- Written information in alternative formats such as large print; and
- Assistance with reading Bright HealthCare websites.

To ask for help with these services, please call **1-844-926-4521**.

If you think that we failed to provide language assistance or alternate formats, or you were discriminated against because of your sex, age, race, color, national origin, or disability, you can send a complaint to:

Bright HealthCare Civil Rights Coordinator  
P.O. Box 1868  
Portland, ME 04104  
Phone: **1-844-926-4521**

You can also file a complaint with the U.S Dept. of Health and Human Services, the Office of Civil Rights:

- **Online:** <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>
- Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>
- **Phone:** Toll-free **1-800-368-1019**, **1-800-537-7697** (TDD)
- **Mail:** U.S Dept. of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

If you need help with your complaint, please call **1-844-926-4521**. You must send the complaint within 60 days of discovering the issue.

## Language Assistance and Alternate Formats

This information is available in other formats like large print. To ask for another format, please call **1-844-926-4521**.

English	ATTENTION: If you speak a language other than English, language assistance services including interpretation and written translation, free of charge, are available to you. Call (844)-926-4521.
Spanish (US)	ATENCIÓN: Si no habla inglés, tiene a su disposición servicios gratuitos de asistencia lingüística, incluidos servicios de interpretación y traducción. Llame al (844) 926-4520.
Chinese (S)	注意：如果您使用的语言并非英语，则可获得免费的语言协助服务（包括口译和笔译）。请拨打电话 (844)-926-4521。
Arabic	انتباه: إذا كنت تتحدث لغة غير الإنجليزية، فخدمات المساعدة اللغوية، ومن بينها الترجمة الشفوية والترجمة التحريرية، متاحة من أجلك، دون تكلفة. اتصل بالرقم (844)-926-4521.
Bengali	মনোযোগ: আপনি যদি ইংরেজী ব্যতীত অন্য কোনও ভাষায় কথা বলেন তবে বিনা মূল্যে ব্যাখ্যামূলক এবং লিখিত অনুবাদ সহ ভাষা সহায়তা পরিষেবাগুলি আপনার জন্য উপলভ্য। (844)-926-4521 নম্বরে কল করুন।
French	ATTENTION : Si vous parlez une autre langue que l'anglais, des services d'assistance linguistique, notamment d'interprétation et de traduction écrite, sont mis gratuitement à votre disposition. Appelez le (844)-926-4521.
German	ACHTUNG: Falls Sie eine andere Sprache als Englisch sprechen, steht Ihnen eine kostenfreie fremdsprachliche Unterstützung einschließlich Dolmetschen und schriftlicher Übersetzung zur Verfügung. Wählen Sie die (844)-926-4521.
Greek	ΠΡΟΣΟΧΗ: Αν μιλάτε κάποια γλώσσα διαφορετική από τα Αγγλικά, παρέχονται δωρεάν υπηρεσίες γλωσσικής βοήθειας συμπεριλαμβανομένης της διερμηνείας και της γραπτής μετάφρασης. Καλέστε το (844)-926-4521.
Italian	ATTENZIONE: se parla una lingua diversa dall'inglese, sono disponibili servizi di assistenza linguistica gratuiti, inclusi di interpretariato e traduzione scritta. Chiami il numero (844)-926-4521.
Japanese	ご注意: 英語以外の言語を話される場合は、通訳および書面による翻訳を含めて無料の言語支援サービスをご利用いただけます。(844)-926-4521 までお電話ください。
Korean	주의: 영어가 아닌 다른 언어를 사용할 경우 번역 및 통역과 같은 무료 언어 지원 서비스를 이용하실 수 있습니다. (844)-926-4521번으로 연락하십시오.
Polish	UWAGA: Jeśli nie mówisz po angielsku, możesz skorzystać z darmowej usługi tłumaczenia ustnego i pismnego. Zadzwoń pod numer (844)-926-4521.
Portuguese	ATENÇÃO: Se falar um idioma que não o inglês, estão disponíveis serviços gratuitos de assistência de idioma, incluindo interpretação e tradução escrita. Entre em contato no número (844)-926-4521.
Russian	ВНИМАНИЕ: если вы не говорите на английском языке, вы можете воспользоваться бесплатными услугами языковой поддержки, включая устный и письменный перевод. Позвоните по телефону (844)-926-4521.

Tagalog	PAALALA: Kung nagsasalita ka ng isang wika na bukod pa sa Ingles, magagamit mo ang mga serbisyong tulong sa wika, kabilang ang pagsasalin at nakasulat na pagsasalin nang walang bayad. Tumawag sa (844)-926-4521.
Urdu	توجہ فرمائیں: اگر آپ انگریزی کے علاوہ کوئی دوسری زبان بولتے ہیں تو زبان کی معاونتی خدمات بشمول ترجمانی اور تحریری ترجمہ آپ کے لئے بلا معاوضہ دستیاب ہیں۔ کال کریں (844)-926-4521.
Vietnamese	CHÚ Ý: Nếu bạn nói một thứ tiếng nào khác ngoài tiếng Anh, bạn sẽ được cấp các dịch vụ hỗ trợ ngôn ngữ miễn phí, bao gồm cả thông dịch và biên dịch. Gọi số (844)-926-4521.
Navajo	Navajo Baa naanish`agha: ɔdaa`ni`adishni la`saad la`igii`ako dine, saad`ahilka`ana`alwo`tse`esgizii, bidishchiid bee yeel, bilhadlee`ach`i` ni. bika`adishni (844)-926-4521.
Amharic	ማላሰብያ: ከእንግሊዝኛ ውጪ የሆነ ቋንቋ የሚናገሩ ከሆነ ከክፍያ ነጻ የሆነ የቋንቋ አስተርጓሚና የጽሁፍ ትርጉም ድጋፍ አገልግሎቶችን ማግኘት ይቻላል። በ (844)-926-4521 ይደውሉ።
Burmese	အသိပေးခြင်း - အကယ်၍ သင်သည် အင်္ဂလိပ်မှအပ တစ်ခြားဘာသာစကားဖြင့် စကားပြောသူဖြစ်လျှင် စကားပြန်နှင့် ရေးသားထားသောဘာသာပြန် အပါအဝင် ဘာသာစကားကူညီပံ့ပိုးဝန်ဆောင်မှုများကို အခမဲ့ရရှိနိုင်ပါသည်။ (844)-926-4521 သို့ဖုန်းခေါ်ဆိုပါ။
Cherokee	ᏌᏍᏋᏅᏍᏗ: ᏃᏏ ᏍᏊᏂᏃᏅᏍᏗ ᏍᏊᏂᏃᏍ ᏂᏐ ᏚᏆᏃ, ᏍᏊᏂᏃᏅᏍᏗ ᏈᏆᏅᏍᏆᏅᏚ ᏐᏂᏍᏊᏂᏐᏐᏐ, ᏐᏍᏃᏅᏍᏗ ᏈᏂᏂᏂᏂᏂᏂ ᏈᏃ ᏂᏐᏐᏐᏐᏐ, Ꮜ ᏂᏐᏐᏐ ᏈᏂᏂᏂᏂ ᏍᏚ ᏈᏃᏐᏐ, ᏂᏐ ᏂᏐᏐᏐᏐᏐᏐᏐᏐᏐ. ᏐᏍᏐᏐᏐᏐ (844)-926-4521.
Cushite-Oromo	HUBACHISA: Afaan Ingilifaan aala yoo kan dubbaatan ta'e, tajaajila gargaarsa afaan hikaa sagaleen fi bareefaman dabalate kafaalti irraa bilisaan issiinif argama. (844)-926-4521 irraatti bilbila.
French Creole	ATANSYON: Si ou pale yon lang ki pa Anglè, sèvis asistans lengwistik ki gen ladan l entèpretasyon ak tradiksyon alekri, epi li disponib pou ou. Rele (844)-926-4521.
Gujarti	ધ્યાન આપો: જો તમે અંગ્રેજી સિવાય ની અન્ય કોઈ ભાષા બોલો છો, તો તમારા માટે અર્થઘટન અને લેખિત અનુવાદ સહિતની ભાષા સહાય સેવાઓ નિ:શુલ્ક ઉપલબ્ધ છે. (844)-926-4521 પર કોલ કરો.
Hindi	ध्यान दें: यदि आप अंग्रेज़ी के अलावा कोई अन्य भाषा बोलते हैं तो आपके लिए नि:शुल्क भाषा सहायता सेवाएं, दुभाषिया और लिखित अनुवाद सहित, उपलब्ध हैं। (844)-926-4521 पर कॉल करें।
Hmong	TSEEM CEEB: Yog koj hais lwm hom lus uas tsis yog Lus Askiv, yuav muaj kev pab txhais lus, suav nrog kev txhais lus hais thiab kev txhais ntaub ntawv, yam tsis tau them nqi dab tsi li. Hu rau (844)-926-4521.
Karen	ပာ်သုဉ်းပာ်သး - နမ္မိကတိကျိာ်လၢအတမ္ဗါအဲကလံးကျိာ်ဘဉ်အဃိ, ကျိာ်တၢ်တိစၢၤမၤတၢ်ဖဉ် ပာ်သုဉ်းဒီး တၢ်တဲကျိးထံတၢ်ဒီးတၢ်ကွဲးကျိာ်ထံက့ၤတၢ်, လၢတအိဉ်ဒီးအပူၤကလံၤ, အိဉ်ဝဲဒဉ်လၢနဂီၢ် လီၤ. ဆဲးကျိး (844)-926-4521 တက့ၢ်.
Kru / Bassa	YI LE: Ibale u mpot hop umpe handugi Ngisi, bôt ba nhola bakobol ba yé ha inyu yoñ, to u nkobol ni hop nyo tole ni mapep, nsébél nsinga unu. Sebel i nsinga ini (844)-926-4521.
Kurdish	ئاگاداری: ئەگەر بە زمانیکێتر قسە دەکەیت جگە لە ئینگلیزی، خزمەتگوزاری زمانەوانی کە وەرگیرانی. زارمکی و وەرگیرانی ئینگلیزی دەگرتێتو، بەخۆراییی بەردەسته بو تو. پەیوەندی بکە بە (844)-926-4521.
Laotian	ໝາຍເຫດ: ຖ້າທ່ານເວົ້າພາສາອື່ນທີ່ບໍ່ແມ່ນພາສາອັງກິດ, ພວກເຮົາມີການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ ລວມທັງການແປປາກເປົ່າ ແລະ ການແປເອກະສານ, ໂດຍບໍ່ເສຍຄ່າໃຫ້ທ່ານ. ໂທ (844)-926-4521.

