

# **2020 Summary of Benefits**

Bright Advantage Flex (PPO) H9516-001

Bright Advantage Flex Plus (PPO) H9516-002

# Welcome to Bright Health.

Enclosed you will find our summary of the health and drug services covered by Bright Advantage Flex (PPO), and Bright Advantage Flex Plus (PPO) plans from January 1, 2020 to December 31, 2020, for Kings, New York, and Queens counties.

Keep in mind, this is a *summary* of what's covered and what you would pay for those benefits and services. For a complete coverage list, including limitations and exclusions, please refer to our *Evidence of Coverage* ("EOC"). You can find an EOC online at <a href="www.brighthealthplan.com/">www.brighthealthplan.com/</a> medicare, or you can request a printed copy to be mailed to you by calling us at 844-679-2030, 8 am - 8 pm local time, 7 days a week Oct. 1-Mar. 31, Monday-Friday Apr. 1-Sept. 30, TTY: 711.

# We designed our plans a little differently.

We believe that health insurance and healthcare work better together. So, that's why we built our health plans from the ground up, with carefully selected Care Partners like Mount Sinai. Our partnership with Mount Sinai means you benefit from a connected care system that puts your healthcare needs at the center. With a network of hand-picked doctors, working together on your behalf, you get to focus on living your best life.

# This is healthcare that revolves around you.

When your health plan and your healthcare providers are working together, you're always at the center – but never caught in the middle. We're proud of our Medicare Advantage plans and we think you'll love them, too. But we also believe it's important that you enroll in the health plan that's right for you. So, take a look, and give us a call if you have any questions.

We look forward to helping you live your best life.

# **Some Frequently Asked Questions:**

# May I choose my providers?

Bright Health has carefully selected a network of doctors, hospitals, pharmacies, and other providers. **To keep your costs down, it's important that you receive care from an in-network provider**. In most cases, if you choose to get care outside of the plan's network, you will likely pay more for the service. However, if you need out-of-network emergency services, out-of-area urgently needed services or out-of-area dialysis services, then we've got you covered.

To find an in-network provider near you, visit our website at <a href="https://www.brighthealthplan.com/medicare">www.brighthealthplan.com/medicare</a> or call Bright Health at 844-679-2030.

# What is a prescription drug formulary?

A formulary is a list of drugs covered by a health plan. To make sure your drugs are included in the Bright Advantage Flex (PPO), and Bright Advantage Flex Plus (PPO) formulary, you can search and download our formulary online at <a href="https://www.brighthealthplan.com/medicare">www.brighthealthplan.com/medicare</a>. Or you can call Bright Health at 844-679-2030 to discuss your drugs. Please note that the formulary is subject to change, and you can always find the most up-to-date list of drugs on our website.

For more information, or if you have any questions, just give us a call.



844-679-2030, TTY: 711 8 am - 8 pm local time, 7 days a week Oct. 1-Mar. 31, Monday-Friday Apr. 1-Sept. 30 www.brighthealthplan.com/medicare

If you'd like to know more about the coverage and costs of Original Medicare, please look in the current *Medicare & You* handbook. You can view it online at Medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This is a summary of drug and health services covered by Bright Advantage Flex (PPO), and Bright Advantage Flex Plus (PPO), January 1, 2020 - December 31, 2020.

Bright Health plans are HMOs and PPOs with a Medicare contract. Bright Health's New York D-SNP plan is an HMO with a Medicare contract and a Coordination of Benefits Agreement with New York State Department of Health. Our plans are issued through Bright Health Insurance Company or one of its affiliates. Bright Health Insurance Company is a Colorado Life and Health company that issues indemnity products, including EPOs offered through Medicare Advantage. An EPO is an exclusive provider organization plan that may be written on an HMO license in some states and on a Life and Health license in some states, including Colorado. Enrollment in our plans depends on contract renewal.

Please contact us at 844-679-2030 for additional information. (TTY users should call 711.) Hours are 8 am - 8 pm local time, 7 days a week Oct. 1-Mar. 31, Monday-Friday Apr. 1-Sept. 30. You may also visit the website at <a href="https://www.brighthealthplan.com/medicare">www.brighthealthplan.com/medicare</a>.

To join Bright Advantage Flex (PPO), you must have both Medicare Part A and Medicare Part B, and live in our service area.

Bright Advantage Flex (PPO) has a network of doctors, hospitals, pharmacies, and other providers that can be found on our website at <a href="https://www.brighthealthplan.com/medicare">www.brighthealthplan.com/medicare</a>. If you use providers that are not in our network, the plan may not pay for these services.

# **Premiums & Benefits**

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
Monthly Plan Premium	\$0	\$95
Deductible	\$250	\$0
Maximum Out-Of-Pocket Amount	From network providers: \$6,500*	From network providers: \$4,900*
	From network and out-of-network providers combined: \$10,000*	From network and out-of-network providers combined: \$10,000*

# **Benefits**

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
Inpatient Hospital Coverage	In-Network \$295 copay each day for days 1 to 5 and \$0 copay each day for days 6 to 90 \$0 copay for additional Medicare-covered days.	In-Network \$250 copay each day for days 1 to 5 and \$0 copay each day for days 6 to 90 \$0 copay for additional Medicare-covered days.
	Out-of-Network	Out-of-Network
	40% coinsurance each day	35% coinsurance each day
Outpatient Hospital Coverage		
Outpatient hospital services	In-Network	In-Network
	\$300 copay	\$250 copay
	Out-of-Network	Out-of-Network
	40% coinsurance	35% coinsurance
Outpatient hospital	In-Network	In-Network
observation services	\$300 copay	\$250 copay
	Out-of-Network	Out-of-Network
	40% coinsurance	35% coinsurance

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
Services provided at an ambulatory surgical center	In-Network \$200 copay	In-Network \$150 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Doctor Visits		
Primary Care Providers	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Specialists	In-Network \$25 copay	In-Network \$20 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Annual Routine Physical Exam	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Preventive Care (e.g., flu vaccine, diabetic screenings)	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Any additional preventive services approved by Medicare during the contract year will be covered.	<ul> <li>Abdominal aortic aneurysm screening</li> <li>Alcohol misuse counseling</li> <li>Bone mass measurement</li> <li>Breast cancer screening (mammogram)</li> <li>Cardiovascular disease (behavioral therapy)</li> <li>Cardiovascular screening (cholesterol, lipids, triglycerides)</li> <li>Cervical and vaginal cancer screening</li> <li>Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)</li> <li>Depression screening</li> <li>Diabetes screening</li> </ul>	

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
	<ul> <li>Diabetes self-management training</li> <li>Glaucoma test</li> <li>Hepatitis C screening</li> <li>HIV screening</li> <li>Lung cancer screening</li> <li>Medical nutrition therapy services</li> <li>Medicare Diabetes Prevention Program</li> <li>Obesity screening and counseling</li> <li>Prostate cancer screenings (PSA)</li> <li>Sexually transmitted infection screening and counseling</li> <li>Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)</li> <li>Vaccines, including flu shots, hepatitis B shots, pneumococcal shots</li> <li>"Welcome to Medicare" preventive visit (one-time)</li> <li>Annual Wellness Visit</li> </ul>	
Emergency Care	\$90 copay Copayment is waived if you are admitted to a hospital within 24 hours.	\$90 copay Copayment is waived if you are admitted to a hospital within 24 hours.
Urgently Needed Services	\$35 copay Cost-sharing for necessary urgently needed services furnished out-of-network is the same as for such services furnished in-network.	\$35 copay Cost-sharing for necessary urgently needed services furnished out-of-network is the same as for such services furnished in-network.
Diagnostic Services/Labs/Imaging		
Diagnostic tests and procedures	In-Network \$200 copay	In-Network \$200 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
Lab services	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Diagnostic radiology services (e.g. MRI, CAT Scan)	In-Network \$35 - \$200 copay	In-Network \$35 - \$200 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Outpatient X-rays	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Hearing Services		
Exam to diagnose and treat hearing and balance issues	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Routine hearing exam	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Fitting-evaluation(s) for hearing aids	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance Limited to 1 visit(s) every year	Out-of-Network 35% coinsurance Limited to 1 visit(s) every year
Hearing aids	Up to a \$750 allowance for both ears combined every year for hearing aids.	Up to a \$750 allowance for both ears combined every year for hearing aids.

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
Dental Services		
Medicare-covered dental services	In-Network \$0 copay for each Medicare-covered service.	In-Network \$0 copay for each Medicare-covered service.
	Out-of-Network 40% coinsurance for each Medicare-covered service.	Out-of-Network 35% coinsurance for each Medicare-covered service.
Annual dental benefit maximum	Up to a \$1,500 allowance for all in-network and out-of-network covered services every year.	Up to a \$1,500 allowance for all in-network and out-of-network covered services every year.
Oral Exams	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 30% coinsurance Limited to 2 oral exam(s) every year	Out-of-Network 30% coinsurance Limited to 2 oral exam(s) every year
Prophylaxis (Cleaning)	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 30% coinsurance Limited to 2 cleaning(s) every year	Out-of-Network 30% coinsurance Limited to 2 cleaning(s) every year
Fluoride Treatment	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 30% coinsurance Limited to 1 fluoride treatment(s) every year	Out-of-Network 30% coinsurance Limited to 1 fluoride treatment(s) every year

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
• Dental X-Rays	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 30% coinsurance Limited to 2 x-ray(s)	Out-of-Network 30% coinsurance Limited to 2 x-ray(s)
Non-Routine Services	In-Network Not covered	In-Network 50% coinsurance
	Out-of-Network Not covered	Out-of-Network Coinsurance varies
Diagnostic Services	In-Network Not covered	In-Network \$0 copay
	Out-of-Network Not covered	Out-of-Network Coinsurance varies
Restorative Services	In-Network Not covered	In-Network Coinsurance varies
	Out-of-Network Not covered	Out-of-Network Coinsurance varies
<ul> <li>Periodontics</li> </ul>	In-Network Not covered	In-Network 50% coinsurance
	Out-of-Network Not covered	Out-of-Network Coinsurance varies
• Endodontics	In-Network Not covered	In-Network 50% coinsurance
	Out-of-Network Not covered	Out-of-Network Coinsurance varies
Extractions	In-Network Not covered	In-Network 50% coinsurance
	Out-of-Network Not covered	Out-of-Network Coinsurance varies

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
<ul> <li>Prosthodontics, Other Oral/Maxillofacial Surgery, Other</li> </ul>	In-Network Not covered	In-Network 50% coinsurance
Services	Out-of-Network Not covered	Out-of-Network Coinsurance varies
Comprehensive Dental Services	\$18 monthly premium Copayments vary by service. Please refer to your Evidence of Coverage for details.	These benefits are already included in your plan.
Vision Services		
Exam to diagnose and treat diseases and conditions of the eye	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Routine eye exam	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network \$0 copay Limited to 1 visit(s) every year	Out-of-Network \$0 copay Limited to 1 visit(s) every year
Eyewear after cataract surgery	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
Contact lenses	In-Network Available once every other calendar year. Contacts are in lieu of glasses. Contact lens exam (fitting and evaluation) \$60 maximum copay \$130 allowance towards prescription contact lenses.	In-Network  Available once every other calendar year. Contacts are in lieu of glasses.  Contact lens exam (fitting and evaluation) \$60 maximum copay \$130 allowance towards prescription contact lenses.
	Out-of-Network Available once every other calendar year. Contacts are in lieu of glasses. Contact lens exam (fitting and evaluation) \$60 maximum copay \$130 allowance towards prescription contact lenses.	Out-of-Network Available once every other calendar year. Contacts are in lieu of glasses. Contact lens exam (fitting and evaluation) \$60 maximum copay \$130 allowance towards prescription contact lenses.
Eyeglasses (lenses and frames)	In-Network Available once every other calendar year. \$25 copay Coverage includes single vision, lined bifocals, lined trifocals, lenticular lenses and a \$130 allowance towards a frame.	In-Network Available once every other calendar year. \$25 copay Coverage includes single vision, lined bifocals, lined trifocals, lenticular lenses and a \$130 allowance towards a frame.
	Out-of-Network Available once every other calendar year. \$25 copay Coverage includes single vision, lined bifocals, lined trifocals, lenticular lenses and a \$130 allowance towards a frame.copay	Out-of-Network Available once every other calendar year. \$25 copay Coverage includes single vision, lined bifocals, lined trifocals, lenticular lenses and a \$130 allowance towards a frame.

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
Mental Health Services		
Outpatient group therapy visit	In-Network \$20 copay	In-Network \$20 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Outpatient individual therapy visit	In-Network \$40 copay	In-Network \$40 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Inpatient visit	In-Network \$295 copay each day for days 1 to 5 and \$0 copay each day for days 6 to 90 \$0 copay for an additional 60 lifetime reserve days.	In-Network \$250 copay each day for days 1 to 5 and \$0 copay each day for days 6 to 90 \$0 copay for an additional 60 lifetime reserve days.
	Out-of-Network 40% coinsurance each day for days 1 to 90	Out-of-Network 35% coinsurance each day for days 1 to 90
Skilled Nursing Facility (SNF) Care	In-Network \$0 copay each day for days 1 to 20 and \$178 copay each day for days 21 to 100	In-Network \$0 copay each day for days 1 to 20 and \$178 copay each day for days 21 to 100
	Out-of-Network 40% coinsurance each day for days 1 to 100	Out-of-Network 35% coinsurance each day for days 1 to 100
Physical Therapy	In-Network \$25 copay	In-Network \$25 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Ambulance Services Ground Ambulance	\$200 copay	\$200 copay

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
Air Ambulance	\$225 copay	\$225 copay
Transportation (Additional Routine)	Not covered	Not covered
Medicare Part B Prescription Drugs		
Chemotherapy drugs	In-Network 20% coinsurance	In-Network 20% coinsurance
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Other Part B drugs	In-Network 20% coinsurance	In-Network 20% coinsurance
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance

# **Additional Benefits**

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
Health Club & Fitness Membership	\$0 copay at participating locations	\$0 copay at participating locations
Medical Equipment and Supplies		
Diabetic monitoring supplies	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Durable medical equipment	In-Network 20% coinsurance	In-Network 20% coinsurance
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance

	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
Prosthetics	In-Network 20% coinsurance	In-Network 20% coinsurance
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Therapeutic shoes or inserts	In-Network \$0 copay	In-Network \$0 copay
	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
Podiatry Services	In-Network	In-Network
Covered services include:	\$25 copay	\$25 copay
Diagnosis and the medical or surgical treatment of injuries and diseases of the feet (such as hammer toe or heel spurs).	Out-of-Network 40% coinsurance	Out-of-Network 35% coinsurance
<ul> <li>Routine foot care for members with certain medical conditions affecting the lower limbs.</li> </ul>		

<sup>\*</sup>Part B prescription drugs and optional supplemental benefits do not apply to the annual out-of-pocket maximum.

Some services may require prior authorization. Refer to your *Evidence of Coverage* for details.

# **Prescription Drug Benefits**

The chart below outlines your costs. The tier your drugs are in will determine how much you will pay. Generally, the higher the tier, the higher the cost.

Prescription Drug Coverage	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)				
Stage 1: Annual P	Stage 1: Annual Prescription Deductible					
Deductible	\$195 for Tier 3, Tier 4, and Tier 5 Part D prescription drugs. For all other drugs, you will not have to pay any deductible and will start receiving coverage immediately.	This plan has no deductible for Part D drugs, this payment stage doesn't apply.				
Stage 2: Initial Co	verage (after you pay your deductible, if ap	plicable)				
Standard retail co	Standard retail cost-sharing (30-day/90-day supply)					
Tier 1 (Preferred Generic)	\$0/\$0 copay	\$0/\$0 copay				
<b>Tier 2</b> (Generic)	\$10/\$20 copay	\$10/\$20 copay				
<b>Tier 3</b> (Preferred Brand)	\$47/\$94 copay	\$47/\$94 copay				
Tier 4 (Non-Preferred Drug)	\$100/\$200 copay	\$100/\$200 copay				
Tier 5 (Specialty Tier)	29% coinsurance / Not Available	33% coinsurance / Not Available				
Tier 6 (Select Care Drugs)	\$0/\$0 copay	\$0/\$0 copay				
Standard mail-order-sharing (up to 90 day supply)						
Tier 1 (Preferred Generic)	\$0 copay	\$0 copay				
<b>Tier 2</b> (Generic)	\$20 copay	\$16 copay				

Prescription Drug Coverage	Bright Advantage Flex (PPO)	Bright Advantage Flex Plus (PPO)
<b>Tier 3</b> (Preferred Brand)	\$94 copay	\$94 copay
Tier 4 (Non-Preferred Drug)	\$200 copay	\$200 copay
Tier 5 (Specialty Tier)	Not Available	Not Available
Tier 6 (Select Care Drugs)	\$0 copay	\$0 copay

#### **Stage 3: Coverage Gap**

After your total drug costs (including what our plan has paid and what you have paid) reach \$4,020, you will pay no more than 25% coinsurance for generic drugs or 25% coinsurance for brand name drugs, for any drug tier during the coverage gap.

#### **Stage 4: Catastrophic Coverage**

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$6,350, you pay the greater of:

- 5% coinsurance, or
- \$3.60 copay for generic (including brand drugs treated as generic) and a \$8.95 copay for all other drugs.

Cost-sharing may differ based on point-of-service (mail-order, retail, Long Term Care (LTC)), home infusion, whether the pharmacy is in our preferred or standard network, or whether the prescription is a short-term (30-day supply) or long-term (90-day supply).

# Long-term care facilities

If you reside in a long-term care facility, you pay the same copays and coinsurance for a 31-day supply as a 30-day supply at a retail pharmacy.

# Extra Help

People with limited incomes may qualify for extra help to pay for their prescription drug costs. If eligible, Medicare could pay for 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and co-insurance. Additionally, those who qualify won't have a coverage gap or a late enrollment penalty. Many people qualify for these savings and don't even know it. For more information about this extra help, contact your local Social Security office, or

call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778. You can also apply for extra help online at <a href="http://www.socialsecurity.gov/prescriptionhelp">http://www.socialsecurity.gov/prescriptionhelp</a>.

If you qualify for extra help with your Medicare prescription drug coverage costs, Medicare will pay all or part of your plan premium. If Medicare pays only a portion of this premium, we will bill you for the amount that Medicare doesn't cover.

# **Bright Extra Benefits Information**

To get more information on any of your benefits, please call us at 844-679-2030, 8 am - 8 pm local time, 7 days a week Oct. 1-Mar. 31, Monday-Friday Apr. 1-Sept. 30, TTY: 711.

Other providers are available in our network.

Out-of-network/non-contracted providers are under no obligation to treat Bright Advantage Flex (PPO) members, except in emergency situations. Please call our member services number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network providers.

# **Pre-Enrollment Checklist**

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 844-679-2030.

## **Understand the Benefits**

Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services that you routinely see a doctor. Visit <a href="https://www.brighthealthplan.com/medicare">www.brighthealthplan.com/medicare</a> or call 844-679-2030 to view a copy of the EOC.
Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

# **Understand Important Rules**

Benefits, premiums and/or copayments/co-insurance may change on January 1, 2021.
Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).
Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you will pay a higher co-pay for services received by non-contracted providers.

☐ In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.



# **Nondiscrimination Notice and Assistance with Communication**

Bright Health does not exclude, deny benefits to, or otherwise discriminate against any individual on the basis of sex, age, race, color, national origin, or disability. "Bright Health" means Bright Health plans and their affiliates, which are listed below.

#### Language assistance and alternate formats:

Assistance is available at no cost to help you communicate with us. The services include, but are not limited to:

- Interpreters for languages other than English;
- Written information in alternative formats such as large print; and
- · Assistance with reading Bright Health websites.

To ask for help with these services, please call (844) 606-4633.

If you think that we failed to provide language assistance or alternate formats, or you were discriminated against because of your sex, age, race, color, national origin, or disability, you can send a complaint to:

Bright Health Civil Rights Coordinator PO Box 853943, Richardson, TX 75085-3943 Phone: (844) 202-2154 Email: OAG@brighthealthplan.com

You can also file a complaint with the U.S Dept. of Health and Human Services, the Office of Civil Rights:

- Online: <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.isf">https://ocrportal.hhs.gov/ocr/portal/lobby.isf</a>
- Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>
- Phone: Toll-free 1-800-368-1019, 800-537-7697 (TDD)
- Mail: U.S Dept. of Health and Human Services. 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

If you need help with your complaint, please call (844) 202-2154.



(844) 606-4633

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# Section 1557 / Multi Language Insert

This information is available in other formats like large print.

To ask for another format, please call (844) 606-4633.

English ATTENTION: If you speak English, language assistance services, free of charge, are available to

you. Call (844) 606-4633.

Spanish (US) ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de ayuda con el

idioma. Llame al (844) 606-4633.

Chinese (S) 注意:如果您讲中文,您可以获得免费的语言协助服务。请致电 (844) 606-4633。

Russian ВНИМАНИЕ! Если Вы говорите по-русски, то услуги бесплатной языковой поддержки

доступны Вам. Позвоните по телефону (844) 606-4633.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. Korean

(844) 606-4633 로 전화하십시오.

Haitian ATANSYON: Si w pale kreyòl ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele

Creole (844) 606-4633.

ATTENZIONE: se parla italiano, sono disponibili per Lei servizi di assistenza linguistica gratuiti.

Chiami il numero (844) 606-4633. Italian

אויפמערקאזמקייט: אויב איר רעדט ייָדיש, שפּראך הילף סערוויסעס, פריי פון אַפּצאַל, זענען פאראן פאר אייך. רופט

Yiddish

মলোযোগ দিন: আপনি যদি বাংলায় কথা বলেন, তাহলে ভাষা সহায়তা পরিষেবাগুলি, বিনামূল্যে, আপনার জন্য

উপলব্ধ আছে। (৪४४) 606-4633 নম্বরে ফোন করুন। Bengali

تنبيه: إذا كنت تتكلم العربية، فإن خدمات المساعدة اللغوية متاحة لك من دون مقابل. اتصل على الرقم 4633-606 (844). Arabic

UWAGA: Jeżeli posługuje się Pan/ Pani językiem polskim, może Pan/ Pani skorzystać z

bezpłatnej pomocy językowej. Prosimy zadzwonić pod numer

Polish (844) 606-4633.

REMARQUE: si vous parlez français, des services d'assistance linguistique gratuits sont à votre

French (FR) disposition. Appelez le (844) 606-4633.

PANSININ: Kung nagsasalita kayo ng Tagalog, mayroon kayong magagamit na libreng tulong

**Tagalog** na mga serbisyong pangwika. Tawagan ang (844) 606-4633.

LƯU Ý: Nếu quý vị nói tiếng Việt, sẽ có dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Hãy

gọi số (844) 606-4633. Vietnamese

Urdu

DÍÍ BAA AKÓ NÍNÍZIN: Díí bee yáníłti'go Diné bizaad, saad bee áká'ánida'áwo'déé', t'áá

jiik'eh, ná hóló. Koji' hódíílnih (844) 606-4633. Navajo

توجہ دیں: اگر آپ اردو بولتے/بولتی ہیں، تو آپ کے لیے زبان سے متعلق اعانت کی خدمات، بلامعاوضہ دستیاب

ご注意:日本語をお話しになる方は、無料の言語アシスタンスサービスをご利用いただけま

す。(844) 606-4633 までお電話ください。 Japanese

Portuguese ATENÇÃO: caso você fale português, há serviços gratuitos de assistência de idioma à sua

(BR) disposição. Ligue para (844) 606-4633.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche

German Hilfsdienstleistungen zur Verfügung. Rufen Sie unter (844) 606-4633 an.

توجه: اگر زبان شما فارسی است، خدمات پشتیبانی زبانی به صورت رایگان در اختیار شماست. با 4633 -606 (844)

Persian Farsi



#### Kru/Bassa

YI LE: I balè u mpot Ngissi, bot ba ñhola ni kobol mahop, ngui nsaa wogui wo, bayé ha i nyuu yoñ. Sebel nsinga. Sebel nsinga (844) 606-4633

#### Serbo-Croatian

PAŽNJA: Ako govorite engleski, dostupne su vam besplatne usluge za jezičnu pomoć. Pozovite (844) 606-4633

#### Cherokee

#### Burmese

သတိပြုရန်- အကယ်၍ သင်သည် အင်္ဂလိပ်ဘာသာစကားပြောသူ ဖြစ်ပါက အခမဲ့ ဘာသာစကား အကူအညီ ဝန်ဆောင်မှုများ ရရှနိုင်ပါသည်။ (844) 606-4633 သို့ ခေါ် ဆိုပါ

## <u>Gujarati</u>

ધ રરેજ , તો તમારા માટે ભાષા સહ્રાય સેવાઓ નિન શુલ છે. (844) 606-4633 પર કૉલ કરો.

## Hindi

ध्यान दें: यदि आप अंरि। भाषा बोलते ग्रतो आपके लिए मु्त में भाषा सहायता सेवाएं उपलब्ध ग्र (844) 606-4633 पर कॉल करें

#### **Hmong**

LUS TSEEM CEEB: Yog koj hais lus As Kiv, muaj kev pab cuam fab lus pab dawb rau koj. Hu rau tus xov tooj (844) 606-4633

#### Karen

တိါနီဉ် – နမ္နါကတိၤအဲကလံးကျိဉ်န္ဉ်, ကျိဉ်တါတိစၢၤမၤစၢၤတါမၤစၢၤတဗဉ်အိဉ်လၢနဂါိ, လၢနမၤန္နါအီၤသ္လလၢအကလီန္ဉ်လီၤ. ကိ $\mathbf{r}$ : (844) 606-4633

# Khmer-Combodian

សម្គាល់៖ ប្រសិនបើអ្នកនិយាយភាសាអង់គ្លេស យើងមានសេវាជំនួយផ្នែកភាសាដោយឥតគិតថ្លៃសម្រាប់អ្នក។ សូមទូរស័ព្ទមក (844) 606-4633

#### Nepali

ध्यान दिनुहोस्: तपाईं अङ्ग्रेजी भाषा बोल्नुहुन्छ भने, तपाईंको लागि भाषा सहायता सेवाहरू निःशुल्क उपलब्ध छन्। (844) 606-4633 मा कल गर्नुहोस्



#### **Turkish**

DİKKAT: İngilizce konuşuyorsanız dil destek hizmetleri ücretsiz olarak sağlanacaktır. (844) 606-4633 numaralı hattı arayın.

#### Ukrainian

УВАГА! Якщо ви розмовляєте українською, то вам доступні безплатні послуги перекладу. Телефонуйте за номером (844) 606-4633.

#### Haitian-Creole

ATANSYON: Si w pale angle, gen sèvis èd lengwistik ki disponib pou w gratis. Rele nan (844) 606-4633

#### Lao

ໂປດຊາບ: ຖ້າທ່ານເວົ້າພາສາອັງກິດ, ການຊ່ວຍເຫຼືອດ້ານພາສາທີ່ບໍ່ເສຍຄ່າແມ່ນມີໃຫ້ທ່ານ. ໂທ (844) 606-4633.

#### Cushite/Oromo

XIYYEEFFANNOO: Afaan Ingilizii kan dubbattu yoo ta'e, tajaajilliwwan gargaarsa afaanii, kan tolaa, siif ni jiru. Bilbili (844) 606-4633

#### Thai

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร (844) 606-4633

#### **Kurdish**

ئاگادارى: ئەگەر زمانى ئىنگلىزى دەزانىت، خزمەتگوزاريەكانى زمان بە خۆړايى بۆ تۆ بەردەستن. پەيوەندى بە ئاگادارى: ئەگەر (844)6064633) بكە.

#### Persian

ت وجه:گاربنیان انگلیسی صحبت میکنید خدمات کمکی زبانی به طور رایگان برای شما وجود دار سباش مارد 4633-606 (844)تماس بگیرید

#### **Syriac**

محُدزُنه أل: أَى وَهُ وَمِمْحَكُم اللَّهُ وَ لَا لَهُ مُعْدَل اللَّهِ اللَّهُ وَهُ الْحُقُومِ حَثُم ذا 363-606 (844) وَمِمْحَمُثا وَوَ اللَّهُ عَمُا الْمُعُل حَبُومِ محوزي.

For more information, call Bright Health:

844-679-2030

8 am - 8 pm local time, 7 days a week Oct. 1-Mar. 31, Monday-Friday Apr. 1-Sept. 30

TTY: 711

or

Go online: www.brighthealthplan.com/medicare

Find Bright Health's provider directory, pharmacy directory, and formulary (drug list) at <a href="https://www.brighthealthplan.com/medicare">www.brighthealthplan.com/medicare</a>.