

Important Screenings for Adults

Recommended Demographic	Service/screening
All adults	Annual physical Obesity screening and counseling Depression screening and counseling HIV screening and counseling Cancer counseling: breast, cervical, prostate, colon, lung, skin
40 - 70 years	Diabetes (type 2) screening and counseling
50 - 75 years	Colorectal cancer screening
55 - 80 years, if at risk	Lung cancer screening
65+ years	Fall prevention screening Osteoporosis (Bone density test)

Routine Vaccines for Adults

Recommended Demographic	Service/screening
All adults	Influenza (flu) DPT (diphtheria, pertussis, tetanus)
All adults, if recommended by a physician	Hepatitis A and B
27 - 45 years	HPV (genital cancer)
65+ years	Pneumococcal

*Health screenings should be ordered by your Primary Care Provider. Please talk with your doctor to determine - and schedule - any screenings you need.