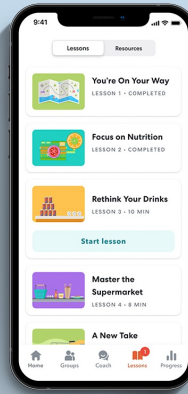


Get healthy your way



Create lasting change with Omada® for Prevention.
All at no cost to you.

What you'll get with Omada:

- ✓ A plan built around you
- ✓ Dedicated health coach
- ✓ Wireless smart scale
- ✓ Interactive weekly lessons

Do what works for you

Find healthy habits and routines that work for you.

24/7 access to support

From weekly lessons to online community, get all the tools you need to face any challenge head-on.

You decide what 'healthy' means

Try new things you actually enjoy, rather than avoiding foods you "can't eat" or things you "shouldn't do."

The best part?

If you or your adult family members are at risk for type 2 diabetes, and are eligible for the Omada program, membership is covered by your Bright HealthCare benefits.

It only takes a few minutes to get started:

omadahealth.com/brighthealthcare

With Omada, there's
a program for you



Weight loss &
overall health



Bright HealthCare™