

Your PATH (Personal Approach To Health)

Transition Care



If you have additional questions or comments, contact:

We chose you for Care Management because of the health care services you have received. If you have questions, feedback, or complaints, please call or write:

1-855-859-1734

TTY users: 711

Bright Health

Attn: Care Management

800 N Glebe Road

Suite 500

Arlington, VA 22203

If you have an urgent health need, please call your doctor. TDD/TTY users may call 711. For emergency care, call 911 or go to the nearest emergency room.



At Bright Health, we understand that you might not feel your best right now and may even have questions about the care you will receive at the hospital and after you leave.

Transition Care is a service that helps you safely transition out of the hospital and avoid complications that could cause you to return. Many patients and their families need and want extra support. This service will support you and your family during and after your hospital stay.



You will have access to a care team. This team may include medical and behavioral health staff. Your care team will help you make important decisions about your health.

Why talk to a Transition Care team member?

Leaving the hospital is an important step for your health. When you go home, you may have a long list of things to do. Even if you can handle your to-do list on your own, your Transition Care team is here to help.

You and your Transition Care team members will discuss:

- Questions you may have about your health.
- Your physical, social, and emotional health.
- Steps you can take that will help you stay out of the hospital.
- Your current medications and instructions.
- Your personal health goals and plans to meet those goals.

Your Transition Care team can help you find services and support close to your home.

Next Steps with Your Transition Care Team

Based on your needs, your Transition Care team will:

- Talk on the phone at times that you chose.
- Help you schedule appointments with your doctor.
- Visit you at home to answer any questions or health concerns you may have.
- Keep your doctor updated on your progress.
- Work with your doctor and pharmacist to make sure you have all of your medicines.

Cost and Privacy

Transition Care is free of charge. Your privacy is important. Your personal health information is only shared with people who are involved in your care.

