



We chose you for Care Management because of the health care services you have received. If you have questions, feedback, or complaints, please call or write:

1-855-859-1734

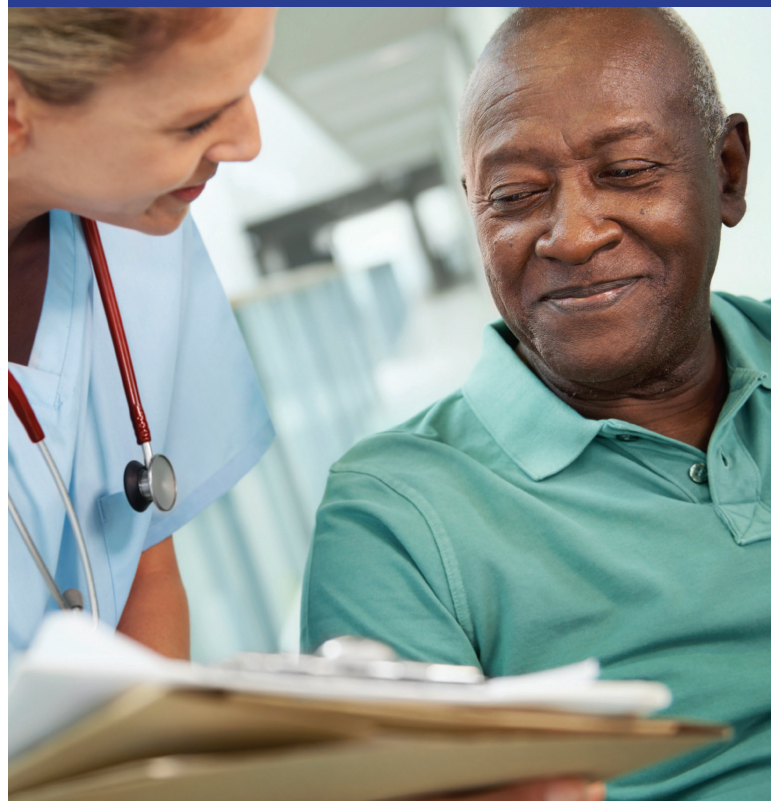
TTY users: 711

**Bright Health
Attn: Care Management
800 N Glebe Road
Suite 500
Arlington, VA 22203**

If you have an urgent health need, please call your doctor. TDD/TTY users may call 711. For emergency care, call 911 or go to the nearest emergency room.

Introducing Care Management

Part of Your PATH (Personal Approach To Health)



Living healthy is a lifelong journey. Everyone has a Personal Approach To Health—their own PATH. Care Management is a service that can help you along your PATH.

If you use this service, you will be assigned a personal Care Manager. Your Care Manager will work closely with you and your doctor to help you with your health needs.



Getting Started

Care Management begins with a phone call from your Care Manager. You will:

- Learn more about this service.
- Talk about your personal health goals.
- Create a plan to help you meet your goals.

Following Your PATH

Your Care Manager will help you live a healthier life. Together, you and your Care Manager will:

- Talk at times that you choose.
- Address your physical, social and emotional health.
- Talk about progress towards your health goals.
- Connect you to services and support close to your home or work.
- Answer health questions you might have.
- Help you plan your doctor's visits.

Personalized Support

Based on your needs, your Care Manager can connect you with other care team members. Your care team may include medical and behavioral health staff.

Your care team is here to help you make important decisions about your health.

Cost and Privacy

Care Management services are free of charge.

Your privacy is important. Your personal health information is only shared with people who are involved in your care.

