



Step Therapy Detail Texas March 2023

GENERAL DISCLAIMER:

Bright Health does not recognize the use of drug samples to meet clinical criteria requirements for prior drug use for drugs covered under the pharmacy benefit or drugs administered in the physician office or other outpatient setting. A physician's statement that samples have been used cannot be used as documentation of prior drug use.

ANGIOTENSION RECEPTOR BLOCKER AND CALCIUM CHANNEL BLOCKER

Products Affected

Step 2:

- amlodipine 10 mg-olmesartan 20 mg tablet
- amlodipine 10 mg-olmesartan 40 mg tablet
- amlodipine 5 mg-olmesartan 20 mg tablet
- amlodipine 5 mg-olmesartan 40 mg tablet

Details

Criteria	Prior use of amlodipine/valsartan in the last 90 days.
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ANTIEMETIC AGENTS

Products Affected

Step 2:

- aprepitant 125 mg capsule
- aprepitant 40 mg capsule
- aprepitant 80 mg capsule

Details

Criteria	Prior use of ondansetron in the last 90 days.
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ANTIEPILEPTICS

Products Affected

Step 2:

- Briviact 10 mg tablet
- Briviact 10 mg/mL oral solution
- Briviact 100 mg tablet
- Briviact 25 mg tablet
- Briviact 50 mg tablet
- Briviact 75 mg tablet

Details

Criteria	Prior/current use of Briviact OR prior use of generic carbamazepine (tablets, chewable tablets, ER tablets, ER capsules, oral suspension), generic divalproex (DR capsules, DR tablets, ER tablets), generic ethosuxamide (capsules, oral solution), generic felbamate (tablets, oral solution), generic gabapentin (capsules, tablets, oral solution), generic lamotrigine (tablets, chewable tablets, ER tablets, ODT tablets), generic levetiracetam (tablets, ER tablets, oral solution), generic oxcarbazepine (tablets, oral suspension), generic phenytoin (ER capsules, chewable tablets, oral suspension), generic pregabalin (capsules, oral solution), generic rufinamide oral suspension, generic tiagabine tablets, generic topiramate (capsules, ER capsules, tablets), generic valproic acid (capsules, DR capsules, oral solution), generic vigabatrin (tablets, powder for oral solution), generic zonisamide capsules, Roweepra, Roweepra XR.
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ANTIGLAUCOMA

Products Affected

Step 2:

- Lumigan 0.01 % eye drops
- Zioptan (PF) 0.0015 % eye drops in a dropperette

Details

Criteria	Prior use of TWO of the following: latanoprost, bimatoprost, travoprost in the last 90 days.
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ANTI-GOUT

Products Affected

Step 2:

- febuxostat 40 mg tablet
- febuxostat 80 mg tablet

Details

Criteria	Prior use of allopurinol in the last 90 days
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ANTIMIGRAINE

Products Affected

Step 2:

- almotriptan malate 12.5 mg tablet
- almotriptan malate 6.25 mg tablet
- eletriptan 20 mg tablet
- eletriptan 40 mg tablet

Details

Criteria	Prior use of TWO of the following: sumatriptan, rizatriptan, zolmitriptan, naratriptan in the last 90 days.
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ANTI-PARKINSONS AGENTS

Products Affected

Step 2:

- pramipexole ER 0.375 mg tablet,extended release 24 hr
- pramipexole ER 0.75 mg tablet,extended release 24 hr
- pramipexole ER 1.5 mg tablet,extended release 24 hr
- pramipexole ER 2.25 mg tablet,extended release 24 hr
- pramipexole ER 3 mg tablet,extended release 24 hr
- pramipexole ER 3.75 mg tablet,extended release 24 hr
- pramipexole ER 4.5 mg tablet,extended release 24 hr
- ropinirole ER 12 mg tablet,extended release 24 hr
- ropinirole ER 2 mg tablet,extended release 24 hr
- ropinirole ER 4 mg tablet,extended release 24 hr
- ropinirole ER 6 mg tablet,extended release 24 hr
- ropinirole ER 8 mg tablet,extended release 24 hr

Details

Criteria	Prior use of TWO of the following: pramipexole and ropinirole in the last 90 days.
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ARIPIPRAZOLE

Products Affected

Step 2:

- aripiprazole 10 mg disintegrating tablet
- aripiprazole 15 mg disintegrating tablet

Details

Criteria	Prior use of aripiprazole tablets in the last 90 days.
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BETA2 AGONIST

Products Affected

Step 2:

- levalbuterol 0.31 mg/3 mL solution for nebulization
- levalbuterol 0.63 mg/3 mL solution for nebulization
- levalbuterol 1.25 mg/3 mL solution for nebulization

Details

Criteria	Prior use of albuterol nebulizer in last 90 days.
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BYSTOLIC

Products Affected

Step 2:

- nebivolol 10 mg tablet
- nebivolol 2.5 mg tablet
- nebivolol 20 mg tablet
- nebivolol 5 mg tablet

Details

Criteria	Prior use of TWO of the following: atenolol, bisoprolol, metoprolol ER/IR, betaxolol, or acebutolol in the last 90 days.
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EURAX

Products Affected

Step 2:

- Crotan 10 % lotion
- Eurax 10 % lotion

Details

Criteria	Prior use of permethrin 5% cream in the past 90 days.
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HMG-COA REDUCTASE INHIBITOR

Products Affected

Step 2:

- ezetimibe 10 mg-simvastatin 10 mg tablet
- ezetimibe 10 mg-simvastatin 20 mg tablet
- ezetimibe 10 mg-simvastatin 40 mg tablet
- ezetimibe 10 mg-simvastatin 80 mg tablet

Details

Criteria	Prior use of TWO of the following: atorvastatin, rosuvastatin, simvastatin in the last 90 days.
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HYPNOTIC AGENTS

Products Affected

Step 2:

- doxepin 3 mg tablet
- doxepin 6 mg tablet
- ramelteon 8 mg tablet

Details

Criteria	Prior use of TWO of the following: temazepam, zaleplon, zolpidem, eszopiclone in the last 90 days.
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NASAL CORTICOSTEROIDS

Products Affected

Step 2:

- Beconase AQ 42 mcg (0.042 %) nasal spray
- mometasone 50 mcg/actuation nasal spray

Details

Criteria	Prior use of BOTH of the following: flunisolide AND fluticasone in the last 90 days.
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ORAL INHALED CORTICOSTEROIDS

Products Affected

Step 2:

- Asmanex HFA 100 mcg/actuation aerosol inhaler
- Asmanex HFA 200 mcg/actuation aerosol inhaler
- Asmanex HFA 50 mcg/actuation aerosol inhaler
- Asmanex Twisthaler 110 mcg/actuation(30 doses) breath activated inhalr
- Asmanex Twisthaler 220 mcg/actuation(120 doses) breath activated inhlr
- Asmanex Twisthaler 220 mcg/actuation(30 doses) breath activated inhalr
- Asmanex Twisthaler 220 mcg/actuation(60 doses) breath activated inhalr
- Pulmicort Flexhaler 180 mcg/actuation breath activated
- Pulmicort Flexhaler 90 mcg/actuation breath activated
- Qvar RediHaler 40 mcg/actuation HFA breath activated aerosol
- Qvar RediHaler 80 mcg/actuation HFA breath activated aerosol

Details

Criteria	
	Prior use of TWO of the following: Arnuity and Flovent in the last 365 days.

PEDICULICIDES

Products Affected

Step 2:

- spinosad 0.9 % topical suspension

Details

Criteria	Prior use of malathion within the last 90 days.
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TOPICAL CORTICOSTEROIDS

Products Affected

Step 2:

- calcipotriene-betamethasone 0.005 %-
0.064 % topical ointment

Details

Criteria	Prior use of TWO of the following: clobetasol, desonide, betamethasone, fluocinolone, fluocinonide, hydrocortisone or triamcinolone in the last 90 days.
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URINARY ANTISPASMODICS

Products Affected

Step 2:

- darifenacin ER 15 mg tablet,extended release 24 hr
- darifenacin ER 7.5 mg tablet,extended release 24 hr
- solifenacin 10 mg tablet
- solifenacin 5 mg tablet
- tolterodine 1 mg tablet
- tolterodine 2 mg tablet
- tolterodine ER 2 mg capsule,extended release 24 hr
- tolterodine ER 4 mg capsule,extended release 24 hr
- trospium 20 mg tablet
- trospium ER 60 mg capsule,extended release 24 hr

Details

Criteria	Prior use of oxybutynin, oxybutynin-ER or oxybutynin syrup in the last 90 days.
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