Coverage Period: 01/01/2022 - 12/31/2022 Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call us at (855) 827-4448. For definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call (855) 827-4448 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall deductible?	\$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP; or \$8,700 – Individual or \$17,400 – Family	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.  Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive Care/Screening/Immunization, Urgent Care Centers or Facilities, Outpatient - Mental/Behavioral Health Services Office, Child - Routine Eye Exam, Child - Eye Glasses, Child - Dental Check-Up	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,700 – Individual or \$17,400 – Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.brighthealthcare.com/search or call (855) 827-4448 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays <u>(balance billing)</u> . Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://cdn.bhgplatforms.io/docs/2022\_COCs/COC\_37900\_IFP\_20220101.pdf BHNC0004-0521 37900NC0010005-03

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No charge	No charge for first 2 visit(s) then 0% after deductible	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral. Telehealth services are available. Refer to Your Schedule of Benefits to determine what You will pay.
	Specialist visit	No charge	0% after Deductible	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Preventive care/screening/ immunization	No charge	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services are needed are preventive. Then check what your plan will pay for and what Your cost will be.
If you have a test	Diagnostic test (x-ray, blood work)	No charge	Lab: 0% after Deductible X-ray: 0% after Deductible	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Imaging (CT/PET scans, MRIs)	No charge	0% after Deductible	Not Covered	Services require Prior Authorization.
If you need drugs to treat	Generic drugs	No charge	\$0/\$25	Not Covered	Preventive medications are covered at
your illness or condition.	Preferred brand drugs	No charge	0% after Deductible	Not Covered	\$0 cost to you. Some generic drugs may
More information about prescription drug coverage is available at www.brighthealthcare.com	Non-preferred brand drugs	No charge	0% after Deductible	Not Covered	also be available for \$0. Covers up to a 90-day supply (retail prescription); 31-90 day supply (mail
	Specialty drugs	No charge	0% after Deductible	Not Covered	order prescription). Copays shown reflect the cost per retail prescription. Cost-sharing waived at non-IHCP with IHCP referral.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://cdn.bhgplatforms.io/docs/2022\_COCs/COC\_37900\_IFP\_20220101.pdf BHNC0004-0521\_37900NC0010005-03

		What You Will Pay			
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	0% after Deductible	Not Covered	Services require Prior Authorization.  Cost-sharing waived at non-IHCP with IHCP referral.
	Physician/surgeon fees	No charge	0% after Deductible	Not Covered	Services require Prior Authorization.  Cost-sharing waived at non-IHCP with IHCP referral.
If you need immediate medical attention	Emergency room care	No charge	0% after Deductible	0% after Deductible	This cost does not apply if You are admitted directly to the hospital for inpatient services. Cost-sharing waived at non-IHCP with IHCP referral.
	Emergency medical transportation	No charge	0% after Deductible	0% after Deductible	Cost-sharing waived at non-IHCP with IHCP referral.
	Urgent care	No charge	\$50	\$50	Cost-sharing waived at non-IHCP with IHCP referral.
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	0% after Deductible	Not Covered	Services require Prior Authorization.  Cost-sharing waived at non-IHCP with IHCP referral.
	Physician/surgeon fees	No charge	0% after Deductible	Not Covered	Services require Prior Authorization. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
If you need mental health, behavioral health, or substance abuse	Outpatient services	No charge	\$0	Not Covered	Services require Prior Authorization.  Cost-sharing waived at non-IHCP with IHCP referral.
services	Inpatient services	No charge	0% after Deductible	Not Covered	Services require Prior Authorization.  Cost-sharing waived at non-IHCP with IHCP referral.
If you are pregnant	Office visits	No charge	0%	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://cdn.bhgplatforms.io/docs/2022\_COCs/COC\_37900\_IFP\_20220101.pdf BHNC0004-0521\_37900NC0010005-03

	Services You May Need	What You Will Pay			
Common Medical Event		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Childbirth/delivery professional services	No charge	0% after Deductible	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral. Delivery stays exceeding
	Childbirth/delivery facility services	No charge	0% after Deductible	Not Covered	48 hours for vaginal delivery or 96 hours for a cesarean delivery require Prior Authorization.
	Home health care	No charge	0% after Deductible	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you need help recovering or have other special needs	Rehabilitation services	No charge	0% after Deductible	Not Covered	Limited to 30 Visit(s) per Year. Visits combined for physical, occupational therapy, and chiropractic services. Services require Prior Authorization. Cost-sharing waived at non-IHCP with IHCP referral.
	Habilitation services	No charge	0% after Deductible	Not Covered	Limited to 30 Visit(s) per Year. Visits combined for physical, occupational therapy, and chiropractic services. Services require Prior Authorization.  Cost-sharing waived at non-IHCP with IHCP referral.
	Skilled nursing center	No charge	0% after Deductible	Not Covered	Limited to 60 Days per Year. Services require Prior Authorization. Cost-sharing waived at non-IHCP with IHCP referral.
	Durable medical equipment	No charge	0% after Deductible	Not Covered	Services require Prior Authorization.  Cost-sharing waived at non-IHCP with IHCP referral.
	Hospice services	No charge	0% after Deductible	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://cdn.bhgplatforms.io/docs/2022\_COCs/COC\_37900\_IFP\_20220101.pdf BHNC0004-0521\_37900NC0010005-03

		What You Will Pay			
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
dental or eye care	Children's eye exam	No charge	\$0	Not Covered	Limited to 1 eye exam per calendar year through the end of the month in which the dependent child turns 19. Costsharing waived at non-IHCP with IHCP referral.
	Children's glasses	No charge	\$0	Not Covered	Limited to 1 pair of glasses, including standard frames and standard lenses or a one-year supply of contact lenses, per calendar year, through the end of the month in which the dependent child turns 19. Cost-sharing waived at non-IHCP with IHCP referral.
	Children's dental checkup	No charge	\$0	Not Covered	Includes diagnostic and preventive services for members up to the end of the month in which the member turns 19. Refer to the policy for covered services and limitations. Cost-sharing waived at non-IHCP with IHCP referral.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://cdn.bhgplatforms.io/docs/2022\_COCs/COC\_37900\_IFP\_20220101.pdf BHNC0004-0521\_37900NC0010005-03

#### **Excluded Services & Other Covered Services**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
Abortion (except in cases of rape, incest, or when the	Acupuncture	Cosmetic Surgery		
life of the mother is endangered)	Long-Term Care	Non-emergency care when traveling outside the U.S.		
Dental Care (Adults)	Routine Foot Care	Weight Loss Programs		
Routine Eye Care (Adults)		-		

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
Bariatric Surgery	Chiropractic Care	Hearing Aids	
Infertility Treatment	Private-Duty Nursing		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. You may contact the North Carolina Insurance Consumer Assistance Program at <a href="www.ncdoi.gov/consumers/health-insurance">www.ncdoi.gov/consumers/health-insurance</a> or 1-855-408-1212. Other coverage options may be available to you too, including buying individual insurance coverage through Healthcare.gov. For more information about Healthcare.gov, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Bright HealthCare at www.brighthealthcare.com or contact the North Carolina Insurance Consumer Assistance Program at www.ncdoi.gov/consumers/health-insurance or 1-855-408-1212.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al (855) 827-4448.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (855) 827-4448.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 (855) 827-4448. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (855) 827-4448.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at https://cdn.bhgplatforms.io/docs/2022\_COCs/COC\_37900\_IFP\_20220101.pdf BHNC0004-0521 37900NC0010005-03

## **About these Coverage Examples**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$8,700
Specialist co-insurance	0%
<ul><li>Hospital (facility) co-insurance</li></ul>	0%
<ul><li>Other co-insurance</li></ul>	0%

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:			
Cost Sharing			
<u>Deductibles</u>	\$8700		
Copayments	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is \$876			

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

\$8,700
0%
0%
0%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (*blood work*) Prescription drugs Durable medical equipment (*glucose meter*)

l otal Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$4900
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	d
Limits or exclusions	\$20
The total Joe would pay is	\$4920

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$8,700
Specialist co-insurance	0%
<ul> <li>Hospital (facility) co-insurance</li> </ul>	0%
Other co-insurance	0%

### This EXAMPLE event includes services like:

Total Example Cost

Emergency room care (including medical supplies)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost	<b>\$2,000</b>
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$2800
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2800

Note: These numbers assume the patient received care from an IHCP provider or with IHCP referral at a non-IHCP. If you receive care from a non-IHCP provider without a referral from an IHCP your costs may be higher.

\$12,700

42 900