The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call us at (844) 926-4524. For definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary/</u> or call (844) 926-4524 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall <u>deductible</u> ?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP; or \$0 – Individual or \$0 – Family	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers. Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Preventive Care/Screening/Immunization, Laboratory Outpatient and Professional Services, X- rays and Diagnostic Imaging, Imaging (CT/PET Scans, MRIs), Outpatient Facility Fee, Outpatient Surgery Physician/Surgical Services, Emergency Room Services, Urgent Care Centers or Facilities, Inpatient Hospital Services, Inpatient Physician Service, Outpatient - Mental/Behavioral Health Services Office, Inpatient - Mental/Behavioral Health Services, Prenatal and Postnatal Care, Delivery and All Inpatient Services for Maternity Care, Outpatient Rehabilitation Services, Habilitation Services, Skilled Nursing Facility, Child - Routine Eye Exam, Child - Eye Glasses, Child - Dental Check-Up	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/.</u>
Are there other <u>deductibles</u> for specific services?	Yes. \$4,950 for Prescription Drugs	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.

What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,700 – Individual or \$17,400 – Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	(811) 926-1521 for a list of network	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays <u>(balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral to</u> see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	No charge	No charge for first 1 visit(s) then \$50	Not Covered	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> . Telehealth services are available. Refer to Your Schedule of Benefits to determine what You will pay.
	<u>Specialist</u> visit	No charge	No charge for first 1 visit(s) then \$100	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Preventive care/screening/ immunization	No charge	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services are needed are preventive. Then check what your <u>plan</u> will pay for and what Your cost will be.
-	<u>Diagnostic test</u> (x-ray, blood work)	No charge	Lab: \$75 X-ray: \$110	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.

	Services You May Need	What You Will Pay			
Common Medical Event		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Imaging (CT/PET scans, MRIs)	No charge	\$300	Not Covered	Services require Prior Authorization.
If you need drugs to treat	Generic drugs	No charge	\$0/\$35	Not Covered	Preventive medications are covered at
your illness or condition.	Preferred brand drugs	No charge	\$200	Not Covered	\$0 cost to you. Some generic drugs may
More information about prescription drug coverage is available at	Non-preferred brand drugs	No charge	50% after RX Deductible	Not Covered	also be available for \$0. Covers up to a 90-day supply (retail -prescription); 31-90 day supply (mail
is available at <u>www.brighthealthcare.com</u>	<u>Specialty drugs</u>	No charge	50% after RX Deductible	Not Covered	order prescription). Copays shown reflect the cost per retail prescription. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
lf you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	\$1000	Not Covered	Services require Prior Authorization. Cost-sharing waived at non-IHCP with IHCP referral.
	Physician/surgeon fees	No charge	\$300	Not Covered	Services require Prior Authorization. Cost-sharing waived at non-IHCP with IHCP referral.
If you need immediate medical attention	Emergency room care	No charge	\$1000	\$1000	This cost does not apply if You are admitted directly to the hospital for inpatient services. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	Emergency medical transportation	No charge	50%	50%	Cost-sharing waived at non-IHCP with IHCP referral.
	Urgent care	No charge	\$50	\$50	Cost-sharing waived at non-IHCP with IHCP referral.

			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
lf you have a hospital stay	Facility fee (e.g., hospital room)	No charge	\$3000 per day	Not Covered	Copay applies per day, up to 2 days. Services require Prior Authorization. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	Physician/surgeon fees	No charge	\$300	Not Covered	Services require Prior Authorization. Cost-sharing waived at non-IHCP with IHCP referral.
lf you need mental health, behavioral health, or substance abuse	Outpatient services	No charge	\$0	Not Covered	Services require Prior Authorization. Cost-sharing waived at non-IHCP with IHCP referral.
services	Inpatient services	No charge	\$3000 per day	Not Covered	Copay applies per day, up to 2 days. Services require Prior Authorization. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
lf you are pregnant	Office visits	No charge	\$0	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Childbirth/delivery professional services	No charge	\$3000	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral. Delivery stays exceeding
	Childbirth/delivery facility services	No charge	\$3000	Not Covered	48 hours for vaginal delivery or 96 hours for a cesarean delivery require Prior Authorization. Copay applies per day, up to 2 days.
lf you need help recovering or have other special needs	Home health care	No charge	50%	Not Covered	Limited to 100 Visit(s) per year. Services require Prior Authorization. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.

			What You Will Pay		
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	<u>Rehabilitation services</u>	No charge	\$100	Not Covered	Limited to 30 Treatment(s) per Year. Visits combined for Physical, Occupational and Speech Therapies. Services require Prior Authorization. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	Habilitation services	No charge	\$100	Not Covered	Limited to 30 Treatment(s) per Year. Visits limits are per therapy type per year. Services require Prior Authorization. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	Skilled nursing center	No charge	\$3000 per day	Not Covered	Limited to 100 Days per Stay. Copay applies per day, up to 2 days. Services require Prior Authorization. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	Durable medical equipment	No charge	50%	Not Covered	Services require Prior Authorization. Cost-sharing waived at non-IHCP with IHCP referral.
	Hospice services	No charge	50%	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
lf your child needs dental or eye care	Children's eye exam	No charge	\$0	Not Covered	Limited to 1 eye exam per calendar year through the end of the month in which the dependent child turns 19. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.

		What You Will Pay			
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's glasses	No charge	\$0	Not Covered	Limited to 1 pair of glasses, including standard frames and standard lenses or a one-year supply of contact lenses, per calendar year, through the end of the month in which the dependent child turns 19. <u>Cost-sharing</u> waived at non- IHCP with IHCP <u>referral</u> .
	Children's dental checkup	No charge	\$0	Not Covered	Includes diagnostic and preventive services for members up to the end of the month in which the member turns 19. Refer to the policy for covered services and limitations. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)			
Abortion (except in cases of rape, incest, or when the Acupuncture Bariatric Surgery			
life of the mother is endangered)	Dental Care (Adults)	Hearing Aids	
Cosmetic Surgery	Long-Term Care	Non-emergency care when traveling outside the U.S.	
Infertility Treatment	Routine Foot Care	Weight Loss Programs	
Routine Eye Care (Adults)			

Other Covered Services (Limitations may apply to the	nese services. This isn't a complete list. Please see yo	ur <u>plan</u> document.)
Chiropractic Care	Private-Duty Nursing	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-800-595-6053. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <u>www.HealthCare.gov</u> or call (800) 318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Virginia Bureau of Insurance at 1-800-552-7945.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al (844) 926-4524. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (844) 926-4524. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (844) 926-4524. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (844) 926-4524.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care
and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$100
 Hospital (facility) copayment 	\$3000
 Other co-insurance 	50%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (*ultrasounds and blood work*) Specialist visit (*anesthesia*)

Total Example Cost	\$12,700			
In this example, Peg would pay:				
Cost Sharing				
Deductibles	\$0			
<u>Copayments</u>	\$6700			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$6760			

Managing Joe's Type 2 Diabetes		
(a year of routine in-network care		
of a well-controlled condition)		

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$100
 Hospital (facility) copayment 	\$3000
Other co-insurance	50%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)

Diagnostic tests (*blood work*) Prescription drugs Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing				
\$3100				
\$600				
\$400				
What isn't covered				
\$20				
\$4120				

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$100
 Hospital (facility) copayment 	\$3000
 Other co-insurance 	50%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (*x-ray*) Durable medical equipment (*crutches*) Rehabilitation services (*physical therapy*)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing			
Deductibles	\$0		
<u>Copayments</u>	\$1100		
Coinsurance	\$800		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$1900		

Note: These numbers assume the patient received care from an IHCP provider or with IHCP referral at a non-IHCP. If you receive care from a non-IHCP provider without a referral from an IHCP your costs may be higher.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.